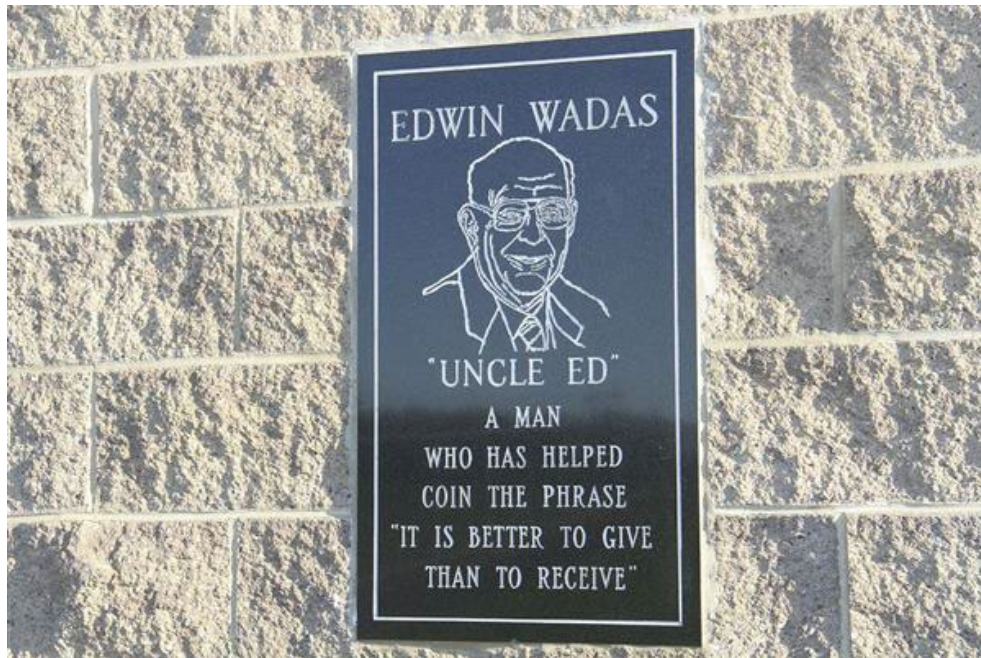


Seventh Annual Ed Wadas Memorial CO-ED INVITATIONAL



Site: Whitesboro High School
Date: Friday, May 2, 2025
Time: 3:45 Coaches meeting
4:00 Field & Running events begin

FAT timing will be provided for the invitational and **entries will be entered on NY MileSplit by Wednesday, April 30, 2025. Entry lists will be sent out by 12:00 p.m. Thursday, May 1, 2025.** Concessions and T-shirts will be available. T-shirts will be sold for \$20.

Registration:

Registration will be done through NY MileSplit. Please notify the meet directors with your desire to attend to receive the password to enter.

Meet Directors:

Michael Carney
Cell: (315) 292-2992
Email: mcarney@wboro.org

Brian Holtslag
Cell: (315) 725-9205
Email: bjhha@msn.com

Entry Fee:

\$300 for a co-ed team
 \$175 for a single (boy's or girl's) team
 \$20 for a single entry

Mail to:

Whitesboro Athletic Office
 6000 St. Route 291
 Marcy, NY 13403

Please make checks or vouchers payable to: Whitesboro Central School

Awards: Ribbons for 1st through 6th place
 Team Plaques for Boy's, Girl's, & Combined Champion

Entries:

- First 20 Schools that have contacted a meet director.
- Running and Field Events – 2 boys and/or 2 girls per school per event.
- Pentathlon – 1 boy and/or 1 girl per school.
- Relays – 1 boy's and/or 1 girl's team per school per relay.
- Four events maximum per athlete. (Except pentathletes).
- This doesn't guarantee your athlete in an individual event. See below for entry requirements.
- All entries will require a seed time or distance.

Order of Events**Running Events**

100 Hurdles Pent G
 100 Hurdles Finals G
 110 Hurdles Pent B
 110 Hurdles Finals B
 Steeplechase B/G
 400 B/G
 100 B/G
 1600/1500 B/G
 4x100 Relay B/G
 800 B/G
 400 Hurdles B/G
 200 B/G
 4x800 B/G
 3200/3000 B/G
 4x400 B/G
 (Pent 1500/800 will be inserted)

Field Events

Boy's Shot Followed by Girl's
 Girl's Disc Followed by Boy's

 Girl's Pentathlon High Jump then
 Girl's High Jump

 Boy's Pentathlon High Jump then
 Boy's High Jump

 Girl's Long Jump followed by
 Triple Jump

 Boy's Long Jump followed by
 Triple Jump

 Girl's Pole Vault followed by Boy's

Pentathlon Order:

100/110 Hurdles → High Jump → Shot Put → Long Jump → 800/1500

Entries accepted: We will be accepting the following entries based on hard standards and number of entrants:

Boys	Event	Girls
12.4	100	14.2
25.0	200	29.3
56.8	400	71.8
2:19	800	2:53
5:20	1600/1500	6:00
11:34	3200/3000	13:13
12:34	Steeple	9:13
20.1	110/100 Hurdles	19.6
83.6	400 Hurdles	88.2
1 entry	4x100	1 entry
1 entry	4x400	1 entry
1 entry	4x800	1 entry
16' 3"	Long Jump	13' 2"
33' 0"	Triple Jump	25' 2"
5' 2"	High Jump	4' 2"
9' 0"	Pole Vault	7' 0"
32' 8"	Shot	24' 4"
97' 8"	Disc	65' 5"
1 entry	Pentathlon	1 entry

Track Events

100, 100/110 Hurdles – Top 32

200, 400, 800, 1500/1600, 400 Hurdles – Top 24

3000/3200, Steeple Chase – Top 16

Field Events

Long Jump, Triple Jump, Shot Put, Disc – Top 30

High Jump, Pole Vault – Top 16

Notes:

- There will be 2 High Jump pits.
- There will be 2 runways, long jump will run on both pits then triple jump.
- Jumpers will get 4 jumps; Throwers will get 4 throws.
- Entry lists will be sent out by noon on Thursday, May 1st.