

BOBBI PALMA UALBANY SPRING CLASSIC

TRACK & FIELD EVENTS - FRIDAY, APRIL 18, 2025
3:00 PM Field Events / 4:00 PM Track Events
(9 - 48" Lane -Beynon BSS 2000 Surface)

Track Events - 4:00 PM start - all events are women followed by men.

All races are final on time except 100m & sprint hurdles if needed.

All Events and all sections will be contested fast to slow.

Track Events - 4:00 PM start - Rolling Schedule – all events are women followed by men.

All Events and all sections will be contested fast to slow.

3:25pm	National Anthem	
3:30pm	Senior Recognition	
4:00pm	4x100 Relay	Final
4:10pm	1,500 Meters	Final
4:25pm	400 Meters	Final
4:45pm	110/100 Hurdles	Final
5:05pm	100 Meters	Final
5:30pm	800 Meters	Final
5:50pm	400 Hurdles	Final
6:05pm	200 Meters	Final
6:30pm	5000 Meters	Final
6:55pm	4 x 400m Relay	Final

Field Events – 3:00 PM Start

Throws

3:00 PM	Men's Hammer (Upper Cage)
	Women's Hammer (Upper Cage) - 30 minutes after completion of Men's Hammer
3:00 PM	Women's Javelin (High Jump Apron)
	Men's Javelin (High Jump Apron) - 30 minutes after completion of Women's Javelin
	Women's Shot Put (Circle by 200m) - 30 minutes after completion of Men's Javelin
	Men's Shot Put (Circle by 200m) - 30 minutes after completion of Women's Shot Put
	Men's Discus (Lower Cage on Track infield) – 30 minutes after completion of Men's Javelin
	Women's Discus (Lower Cage on track infield) - 30 minutes after completion of Men's Discus

Horizontal Jumps

3:00 PM	Women's LJ, followed by Men's LJ, followed by Women's TJ, followed by Men's TJ (30 minutes between events for warm-up)
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Vertical Jumps – Height Progressions: TBD

5:00 PM	Pole Vault - Women
	Pole Vault – Men (60 minutes after completion of Women's Pole Vault)
5:00 PM	High Jump - Women
	High Jump – Men (45 minutes after completion of Women's High Jump)

****Appropriate warm-up time will be given to all field events**

Meet Information

Please direct all meet information questions, all seeding and all entry questions to:
Meet Director: Roberto Vives rvives@albany.edu 518-209-1973

Entry and Entry Fees:

All entries are accepted.

Entry and Entry Fees: **All entries and payments MUST go through directathletics.com**

Entry Fee is \$50.00 per individual events entered (ie: 2 EVENTS = \$100.00). \$700.00 per gender per team maximum. **Entries close on Monday, April 14, 2025 @ 9:59pm**

This is a non-scoring meet

On Thursday, April 17th, a descending order list of entries will be emailed to all coach's, please make sure I can read your email address. You will also receive an estimated time schedule based on the final meet entry.

Implement weigh-in

At the small white tent beyond the fence by the sprint/hurdle start line 1:30pm-3:00pm

Athletic Trainers:

Located by the Track offices past the common finish line.

Clerking:

Located under the large tent by the finish line.

Field Event Warm-up:

HJ – 45 minutes prior to event start

PV – 1 Hour prior to event start

LJ/TJ/Throws – 30 minutes prior to event start

Long Jump runway is 150'+

Long Jump board is 9' 8"

Triple Jump boards are 31' 8", 35' 9.5", & 40' 8.5".

Pole Vault runway is 130'

Javelin runway is 130'