

# NORTHEASTERN



**2026 JAY CARISELLA COACHES INVITATIONAL SATURDAY  
May 2<sup>nd</sup>, 2026**

**SOLOMON TRACK AND FIELD FACILITY  
370 COMMON STREET DEDHAM, MA**

## **IMPORTANT DATES:**

- **Entries will close THURSDAY MAY 30<sup>th</sup>, 2026 at 12:00pm**

## **ENTRIES & FEES**

- Entries must be submitted via Direct athletics ([www.directathletics.com](http://www.directathletics.com))
- Meet entries open to all colleges
  - Un-attached athletes will need to contact Meet director for review
- Entry Fees
  - \$700.00 per team and per gender
  - \$45.00 for individuals
  - Payments to be done via our website:

- SAFETY
  - **Electronics will not be permitted inside the competition area.**
  - **Per NCAA regulations, no Headphones or audio devices are allowed on the Track at any time.**
- Track Notes
  - Heats will run fast to slow
  - **The use of 1/4" pyramid spikes will be strictly enforced. No needle spikes or Christmas tree spikes allowed.**
  - Hurdles and Dashes will advance 8 to the final.
- Field Notes
  - Field events will advance 9 to the final.
  - Throwing implements must be certified and will be weighed at upper throws area.
  - Athletic tape may be used on runways. **Chalk and cones are NOT permitted.**
- Parking Information
  - We ask that no spectators do not park along main road.
  - Busses will be given designated parking instructions at competition site.
  - Vans will be parked in the parking lot.
- Additional notes
  - Tents can be placed at the lower throws field (adjacent to track).
  - Admissions is free of charge for spectators.
  - Concessions will not be available. Team must bring their own food.
- Inclement weather
  - All visiting teams will be evacuated to their respective buses/transportation
- Meet will follow current NCAA rules and procedures
- Meet Director Information
  - Wilfredo de Jesus – [wdejesus@northeastern.edu](mailto:wdejesus@northeastern.edu) [508.930.6050]

## OPENING HEIGHTS

<b>Men's Pole Vault</b>	3.75m (increase by .15m through 4.85m, .10m after)
<b>Women's Pole Vault</b>	2.90m (increase by .15m through 4.05m, .10m after)
<b>Men's High Jump</b>	1.80m
<b>Women's High Jump</b>	1.45m

## EVENT SCHEDULE

Saturday, May 2<sup>nd</sup>, 2026

### Field Events (Order and start times of Field Events)

#### THROWS

**10:00am Upper Throws area**

Women's Javelin followed by Men's Jav

**10:00am Upper Throws area**

Men's Shot Put followed Women

Women's Hammer to follow Shot Put

Women's Discus to follow Hammer

**12:15pm Lower Throws Area**

Men's Hammer

**1:45pm Lower Throws Area**

Men's Discus

#### JUMPS

**10:00am Vertical jumps**

Women's Pole Vault followed by Men's Pole  
Vault

**11:00am Horizontal jumps (two pits)**

Women's long Jump followed by Women's  
triple jump

Men's long Jump followed by Men's  
triple jump

**12:30pm High Jump**

Women's High Jump followed by Men

### Track Events (Rolling Schedule- times below are an estimate meet will run on a rolling schedule)

**11:00am** Women's 4x100m Relay

**11:03am** Men's 4x100m Relay

**11:05am** **Moment of Silence in honor of Jay Carisella**

**11:10am** Women's Steeplechase

**11:20am** Men's Steeplechase

**11:30am** Women's 1,500m

**11:55am** Men's 1,500m

**12:10pm** Women's 100mH

**12:15pm** Men's 110mH

**12:20pm** Women's 100m

**12:25pm** Men's 100m

**12:30pm** Women's 400m

**12:35pm** Men's 400m

**12:40pm** Women's 800m

**1:00pm** Men's 800m

**1:25pm** Women's 400mH

**1:35pm** Men 400mH

**1:50pm** Women's 200m

**2:00pm** Men's 200m

**2:10pm** Women's 5,000m

**2:30pm** Men's 5,000m

**2:45pm** Women's 4x400m

**2:50pm** Men's 4x400m

**NOTE: Times will be adjusted based on entries/flights**