

Pembroke - Quincy - North Quincy - 5/14/2025

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Quincy HIGH SCHOOL

Results

Event 14 Boys 400 Meter Hurdles

Name	Year	School	Seed	Finals	Points
Finals					
1 Pena, Adrian	12	Quincy	1:05.31	1:04.86	
2 Cole, Jonathan	10	Quincy	1:20.34	1:22.29	

Event 13 Girls 400 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1 Moriarty, Hannah	12	North Quincy	1:12.04	1:13.22	1	
2 Lingley, Dakota	10	Pembroke	1:14.72	1:13.88	1	
3 Vitale, Tessa	9	Pembroke	1:18.00	1:16.01	2	
4 McKillop, Elise	12	Pembroke	1:17.74	1:16.53	1	
5 Hathaway, Ava	9	Quincy	1:28.14	1:32.32	2	
6 Spratt, Hanna		North Quincy		1:35.21	2	

Event 5 Girls 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Nugent, Sadie	12	Pembroke	12.59	12.70	1	
2 Bergamesca, Maya	12	Pembroke	12.98	12.99	1	
3 Nelson, Amelia	9	Pembroke	12.90	x13.00	1	
4 Minogue, Caroline	12	Pembroke	12.98	x13.10	1	
5 Drummond, Ellie	11	Pembroke	13.33	x13.47	1	
6 Goff, Liz (Libby)	12	Pembroke	13.82	x13.74	2	
7 Williams, Sarah	11	Pembroke	13.83	x14.01	2	
8 Bennett, Angelina	11	Quincy	13.80	14.15	1	
9 Harnden, Lexia	9	Pembroke	14.09	x14.16	2	
10 Giese, Maya	12	Pembroke	14.12	x14.40	2	
11 Gooden, Mikayla	10	North Quincy	14.14	14.44	3	
12 Dynan, Ellen	9	Pembroke	13.89	x14.45	2	
13 Tripodi, Ashley	9	Pembroke	14.34	x14.52	3	
13 Snyder, Cammie	10	Pembroke	14.64	x14.52	3	
15 Butler, Karissa	9	Pembroke	14.14	x14.56	3	
16 Kulakowska, Julia	10	North Quincy	14.34	14.67	3	
17 Crudup-Ashby, Kasidee	10	Pembroke	14.84	x14.75	4	
18 Kendrick, Ella	9	Pembroke	14.72	x14.88	3	
19 Patterson, Amber	9	Pembroke	15.55	x15.15	5	
20 Bergamesca, Charlotte	9	Pembroke	14.94	x15.20	4	
21 Price, Ella	10	Pembroke	15.24	x15.29	5	
21 Flaherty, Jill	11	Pembroke	15.27	x15.29	5	
23 O'Neill, Chloe	10	North Quincy	15.14	x15.30	4	
24 Leung, Isabelle	10	North Quincy	15.24	x15.36	4	
25 Sheehan, Molly	10	Pembroke	15.04	x15.38	4	
26 Dous, Eleonora	11	Pembroke	14.04	x15.50	2	
27 Murray, Alexandra	9	North Quincy	15.54	x15.54	5	
28 Souza, Lorraine	10	Pembroke	15.98	x15.69	7	
29 Rejewski, Grace	11	Pembroke	15.38	x15.70	5	
30 Thwing, Emerson	11	Pembroke	15.82	x15.71	6	
31 Kay, Noelle	10	Pembroke	15.61	x15.72	6	
32 Pritchard, Caroline	10	North Quincy	15.84	x15.77	7	
33 Periyasamy, Lakshiga	10	North Quincy	15.54	x15.79	5	
34 Higgins, Juliette	11	Pembroke	15.24	x15.91	4	

35	Lin, Angelina	11	North Quincy		x15.92	8
36	Goff, Allison	9	Pembroke	15.86	x15.93	7
37	Gray, Aaraya	12	Quincy	15.64	15.96	6
38	Gonzalez, Amanda	9	Quincy	15.94	x16.19	7
38	Guia, Chloe	10	North Quincy	15.64	x16.19	6
40	Shrestha, Luniva	11	North Quincy	16.54	x16.20	8
41	De Assis, Anelise	9	Quincy	15.64	x16.21	6
42	Guia, Alexandra	12	North Quincy		x16.24	8
43	Jushaji, Daniella	10	North Quincy	15.84	x16.34	7
44	Grimes, Ella	9	North Quincy	16.54	x16.46	7
45	Quigley, Abigail	9	Pembroke	16.65	x16.80	8
46	Dibaj, Raneem	9	North Quincy	19.04	x19.70	8

Event 7 Girls 1 Mile Run

Name	Year School	Seed	Finals	Points
1 Zuffante, Caroline	10 Quincy	5:46.77	5:55.15	
2 Avasthi, Ananya	10 Pembroke	6:27.02	6:25.87	
3 Bollinger, Tea	11 Pembroke		6:38.75	
4 Armstrong, Mackenzie	9 Pembroke		6:42.95	
5 Workman, Leah	9 Pembroke		x6:58.94	
6 Ryan, Sydney	12 Pembroke		x7:48.73	

Event 9 Girls 4x100 Meter Relay

School	Seed	Finals	Points
1 Pembroke 'A'	50.15	49.65	
1) Nelson, Amelia 9			
2) Nugent, Sadie 12			
3) Minogue, Caroline 12			
4) Drummond, Ellie 11			
2 North Quincy 'A'	58.00	56.01	
1) Yanovitch, Piper 9			
2) Gooden, Mikayla 10			
3) O'Neill, Chloe 10			
4) Kulakowska, Julia 10			

Event 11 Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 McGillicuddy, Maddy	11 North Quincy	1:00.54	1:00.08	1	
2 Gonclaves, Cece	11 Pembroke	1:06.59	1:06.31	1	
3 Rizzitano, Sadie	11 Pembroke	1:05.50	1:07.35	1	
4 Yanovitch, Piper	9 North Quincy	1:08.54	1:08.21	2	
5 Hebert, Savannah	9 Pembroke	1:06.60	1:08.26	1	
6 Kendrick, Ella	9 Pembroke	1:11.80	x1:10.36	2	
7 Wilkinson, Guliana	10 North Quincy	1:16.24	1:15.00	2	

Event 3 Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Hathaway, Ava	9 Quincy	18.74	18.49	1	
2 Tripodi, Ashley	9 Pembroke	18.72	18.52	1	
3 Goff, Liz (Libby)	12 Pembroke	18.94	19.27	1	
4 Vitale, Tessa	9 Pembroke	19.21	19.48	2	
5 McKillop, Elise	12 Pembroke	19.04	x19.56	2	
6 Snyder, Cammie	10 Pembroke	19.64	x20.54	2	

Event 15 Girls 800 Meter Run

Name	Year School	Seed	Finals	Points
1 McMullen, Raelin	9 Pembroke	2:27.53	2:26.77	

2	Minogue, Lauren	9	Pembroke	2:38.86	2:31.17
3	Nelson, Zoe	10	North Quincy	2:28.96	2:31.48
4	Slezas, Amelija	11	North Quincy	2:36.71	2:33.75
5	Souretis, Elizabeth	12	Pembroke	2:32.00	2:38.99
6	Garvey, Keira	9	Pembroke	2:45.48	x2:44.28
7	Crockett, Riley	10	Pembroke	2:52.00	x2:49.61
8	Hebert, Dakota	12	Pembroke	2:48.00	x3:03.49
9	Belfaid, Layla	12	Quincy	3:17.60	3:12.68
10	Monturio, Lyla	10	Pembroke	3:13.60	x3:18.57
11	Knox, Marley	12	Pembroke		x3:33.60

Event 17 Girls 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Bergamesca, Maya	12	Pembroke	27.60	27.03	1
2	Govostes, Ella	10	Pembroke	27.56	27.06	1
3	Edwards, Sophia	11	North Quincy		27.97	5
4	Bennett, Angelina	11	Quincy	29.74	29.09	5
5	Dous, Eleonora	11	Pembroke	29.22	29.19	1
6	Lingley, Dakota	10	Pembroke	29.00	x29.23	1
7	Williams, Sarah	11	Pembroke	29.94	x29.34	2
8	Giese, Maya	12	Pembroke	29.68	x29.83	1
9	Butler, Karissa	9	Pembroke	29.77	x29.89	2
10	Harnden, Lexia	9	Pembroke	30.44	x30.02	2
11	Crudup-Ashby, Kasidee	10	Pembroke	30.61	x30.28	2
12	Sheehan, Molly	10	Pembroke	31.20	x30.97	2
13	Dynan, Ellen	9	Pembroke	30.58	x31.22	2
14	Bergamesca, Charlotte	9	Pembroke	31.55	x31.71	3
15	Flaherty, Jill	11	Pembroke	32.34	x31.82	3
16	Patterson, Amber	9	Pembroke	32.97	x31.89	4
17	Souza, Lorraine	10	Pembroke	32.23	x32.08	3
18	Periyasamy, Lakshiga	10	North Quincy	32.64	32.09	4
19	Price, Ella	10	Pembroke	31.61	x32.10	3
20	Thwing, Emerson	11	Pembroke	33.02	x32.59	4
21	Kay, Noelle	10	Pembroke	32.60	x32.64	4
22	Higgins, Juliette	11	Pembroke	34.23	x32.67	5
23	Goff, Allison	9	Pembroke	32.16	x32.71	3
24	Heraty, Sarah	11	Pembroke	33.00	x32.76	4
25	Guia, Alexandra	12	North Quincy	32.34	33.56	3
26	Rejewski, Grace	11	Pembroke	32.71	x34.76	4
27	Quigley, Abigail	9	Pembroke	35.07	x35.38	5

Event 21 Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 North Quincy 'A'	4:19.00	4:29.60	
1) Nelson, Zoe 10			
2) Slezas, Amelija 11			
3) McGillicuddy, Maddy 11			
4) Moriarty, Hannah 12			
2 Pembroke 'A'	4:19.90	4:31.26	
1) Rizzitano, Sadie 11			
2) Minogue, Lauren 9			
3) McMullen, Raelin 9			
4) Govostes, Ella 10			
3 Pembroke 'B'	4:49.30	x5:05.20	
1) Quigley, Emma 12			
2) Souretis, Elizabeth 12			
3) Garvey, Keira 9			
4) Crockett, Riley 10			
4 Pembroke 'C'	5:00.00	x5:35.60	
1) Knox, Marley 12			
2) Bollinger, Tea 11			
3) Armstrong, Mackenzie 9			
4) Workman, Leah 9			

Event 6 Boys 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
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1	Leonard I, Jayden	12	Pembroke	11.17	11.00	1
2	Lamar, Gabe	12	Pembroke	11.22	11.25	1
3	Steinberg, Leo	11	Quincy	11.24	11.38	1
4	Francois, Jayden	12	Quincy	11.30	11.47	1
5	Gnakou, John	11	North Quincy	11.34	11.65	1
6	Liang, Zhenyu	12	North Quincy	11.44	11.70	2
7	Tracy, Kyle	11	Pembroke	11.94	11.77	2
8	Dunton, Riece	12	Pembroke	11.82	x11.81	2
9	Chella, Jack	9	North Quincy	11.84	11.90	2
10	Cullinane, Liam	9	Pembroke	12.10	x12.06	2
11	Perez, Sammy	10	Pembroke	12.12	x12.08	3
12	D'Angelo, Matt	11	Pembroke	12.18	x12.22	3
13	Ala, Jonas	10	Quincy	12.04	12.23	2
14	Medeiros, Leo	9	North Quincy	12.74	x12.70	4
14	April, Jon	10	Pembroke	12.74	x12.70	4
16	Brown, Jake	10	Pembroke	12.65	x12.72	4
17	Christensen, Jason	10	Pembroke	13.09	x12.76	5
18	Evans, Charlie	10	Pembroke	13.07	x12.81	5
18	Murrin, Kevin	11	Pembroke	12.74	x12.81	5
20	Alther, Scott	11	Pembroke	12.43	x13.13	3
21	Dezima, Mark	9	North Quincy	14.14	x13.15	8
22	McKenzie, Jake	11	Quincy	13.34	x13.17	6
23	Chen, Owen	9	North Quincy	12.94	x13.21	5
24	Yu, Johnson	11	North Quincy	13.54	x13.31	7
25	Badger, Donovan	9	Pembroke	13.54	x13.33	6
26	Vines, Benjamin	9	Quincy	13.34	x13.38	6
27	Bacon, Luke	9	Pembroke	13.46	x13.39	6
28	Yang, Morris	10	North Quincy	13.64	x13.70	7
29	Li, Edison	9	North Quincy	13.84	x13.73	7
30	Brown, Wyatt	9	Quincy	13.44	x13.83	6
31	Scott, Johnny	11	Pembroke	14.14	x13.88	7
32	Miller, Ayden	10	Pembroke	14.64	x14.05	8
33	Patel, Neal	10	Pembroke	14.53	x14.20	8
34	Kadilliu, Kevin	10	North Quincy	14.04	x14.29	7
35	Skiendiel, Ryan	9	North Quincy	14.44	x14.42	8
36	Couter, Juriz	9	Pembroke	15.00	x14.58	9
37	Lee, Andrew	10	Quincy	14.14	x14.73	8
38	Ajavon, Caleb	10	Quincy	14.94	x15.00	9
39	Ater, Anthony	10	North Quincy	15.24	x15.40	9

Event 8 Boys 1 Mile Run

Name	Year	School	Seed	Finals	Points
1	Christie, Michael	11	Pembroke	4:44.13	4:57.83
2	Williams, Luke	9	Pembroke	4:58.00	4:58.13
3	Chen, Wilson	10	North Quincy	5:01.70	5:05.03
4	Barone, Ethan	12	Pembroke	5:05.30	5:07.17
5	Gillan, Ian	12	Pembroke	5:12.85	x5:09.19
6	Lai, Jacob	9	North Quincy	5:20.70	5:13.78
7	Nelson, Cooper	9	North Quincy	5:02.80	5:16.62
8	Pothier, PJ	12	Pembroke	5:21.00	x5:17.38
9	Feldman, Nathan	12	Quincy	5:26.60	5:20.06
10	Quon, Warrick	10	North Quincy	5:38.00	x5:27.03
11	Sullivan, Jack	11	Pembroke	5:44.44	x5:33.44
12	Nelson, Royal	10	Pembroke	5:46.50	x5:44.58
13	DeGiacomo, Jack	11	Pembroke	5:30.00	x5:45.58
14	Zheng, Chenrui	9	North Quincy	5:56.00	x5:46.43
15	Henry, Michael	9	Pembroke	6:01.93	x5:49.17
16	Cooley, Sean	10	Pembroke	6:15.00	x6:00.66
17	Duong, Henry		North Quincy		x6:19.54
18	Zhang, yuohong		Quincy		6:32.46

19 Castonguay, John	9 North Quincy	6:38.60	x6:40.13
20 Glennon, Timothy	9 Pembroke	6:00.00	x7:05.12

Event 10 Boys 4x100 Meter Relay

School	Seed	Finals	Points
1 Pembroke 'A'	43.02	45.86	
1) Dunton, Riece 12			2) Leonard, Kevin 10
3) Perez, Sammy 10			4) D'Angelo, Matt 11
2 North Quincy 'B'	54.00	52.70	
1) Li, Edison 9			2) Chen, Owen 9
3) Medeiros, Leo 9			4) Dezima, Mark 9

Event 12 Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Lamar, Luke	12 Pembroke	50.00	50.59	1	
2 Madden, Michael	11 Pembroke	54.50	54.48	1	
3 Bishop, Carter	10 Quincy	54.00	54.79	1	
4 Spakoski, Aidan	9 Pembroke	55.51	56.81	1	
5 Wilson, Jakub	10 North Quincy	54.64	57.34	1	
6 Diallo, Mamadou	12 North Quincy		57.87	2	
7 Zhong, Jayden	10 North Quincy	59.04	58.92	2	
8 Ruggiero, Sam	9 Pembroke	57.50	x59.68	1	
9 Shea, Jack	9 Pembroke	59.50	x1:01.11	2	
10 Alther, Scott	11 Pembroke	1:01.43	x1:01.41	2	
11 Zhu, Brian	9 North Quincy	2:32.24	x1:02.53	2	
12 Tran, Lam	9 North Quincy	1:06.54	x1:04.66	2	
-- Nagmoti, Saksham	10 North Quincy	2:35.14	SCR		

Event 4 Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Leonard, Kevin	10 Pembroke	15.45	15.56	1	
2 Steinberg, Leo	11 Quincy	16.37	15.65	1	
3 Tracy, Kyle	11 Pembroke	16.08	15.99	1	
4 Cole, Jonathan	10 Quincy	19.24	21.03	2	
5 Evans, Charlie	10 Pembroke	21.77	21.48	2	

Event 16 Boys 800 Meter Run

Name	Year School	Seed	Finals	Points
1 Anderson, Jayden	10 Quincy	2:04.10	2:04.17	
2 Wagner, Dylan	12 Pembroke	2:04.29	2:05.41	
3 Palmieri, Nathan	10 Pembroke	2:04.50	2:07.09	
4 Murphy, Colin	12 Pembroke	2:09.88	2:08.25	
5 Santoro, Luke	12 Pembroke	2:09.71	x2:11.77	
6 Galligan, Matthew	9 Pembroke	2:12.68	x2:13.13	
7 Murphy, Liam	12 Quincy	2:18.20	2:21.32	
8 Skachkov, Lev	10 Quincy	2:30.30	2:23.18	
9 Williams, Charlie	10 Pembroke	2:24.68	x2:31.00	
10 Nagmoti, Saksham	10 North Quincy	2:35.60	2:32.18	
11 Habib, Iman	9 Quincy	2:38.90	x2:40.63	
12 Judd, KJ	9 Pembroke	3:01.54	x2:57.69	
13 Briggette, Paul	9 Pembroke	2:52.97	x3:14.49	
14 Whalen, Luke	Pembroke	3:31.60	x3:39.12	

Event 18 Boys 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Lamar, Gabe	12	Pembroke	22.53	22.30	1	
2 Leonard I, Jayden	12	Pembroke	22.57	22.36	1	
3 Diallo, Mamadou	12	North Quincy		22.72	5	
4 Francois, Jayden	12	Quincy	22.30	23.14	1	
5 Gnakou, John	11	North Quincy		23.61	5	
6 DuPuis, Nicholas	10	North Quincy	23.20	24.07	1	
7 Liang, Zhenyu	12	North Quincy		x24.20	5	
8 Cullinane, Liam	9	Pembroke	24.64	24.34	2	
9 Pena, Adrian	12	Quincy	23.80	24.54	1	
10 Chella, Jack	9	North Quincy	24.04	x24.74	1	
11 Sullivan, Beckett	9	Pembroke	25.70	x25.24	2	
12 Brown, Jake	10	Pembroke	25.59	x25.61	2	
13 Merone, Jowens	10	North Quincy	24.54	x25.62	2	
14 Steverman, Grant	11	Pembroke	26.17	x25.74	3	
15 Murrin, Kevin	11	Pembroke	26.54	x26.90	3	
16 McKenzie, Jake	11	Quincy	25.00	27.23	2	
17 Christensen, Jason	10	Pembroke	26.86	x27.31	3	
18 Yu, Johnson	11	North Quincy	29.44	x27.43	4	
19 Bacon, Luke	9	Pembroke	26.84	x28.21	3	
20 Badger, Donovan	9	Pembroke	29.05	x28.48	4	
21 Li, Edison	9	Quincy	29.74	x28.85	4	
22 Miller, Ayden	10	Pembroke	29.94	x29.29	4	
23 Scott, Johnny	11	Pembroke	31.34	x29.36	5	
24 Skiendiel, Ryan	9	North Quincy	29.64	x29.98	4	
25 Lee, Andrew	10	Quincy		x30.27	4	
26 Couter, Juriz	9	Pembroke	30.96	x30.53	5	
-- Patel, Neal	10	Pembroke	29.68	SCR		

Event 22 Boys 4x400 Meter Relay

School	Seed	Finals	Points
1 Quincy 'A'		3:59.34	
2 Pembroke 'A'	3:43.10	4:01.94	
1) Spakoski, Aidan 9			2) Ruggiero, Sam 9
3) Williams, Charlie 10			4) Williams, Luke 9
3 Pembroke 'B'	4:15.24	x4:19.00	
1) DeGiacomo, Jack 11			2) Shea, Jack 9
3) Sullivan, Jack 11			4) Nelson, Royal 10

Event 20 Boys 2 Mile Run

Name	Year	School	Seed	Finals	Points
1 Palmieri, Nathan	10	Pembroke	10:02.56	11:54.70	
2 Christie, Michael	11	Pembroke	11:53.00	11:54.73	
2 Wagner, Dylan	12	Pembroke		x11:54.73	
2 Madden, Michael	11	Pembroke		11:54.73	
5 Santoro, Luke	12	Pembroke	10:24.15	x11:54.78	
6 Murphy, Colin	12	Pembroke	11:53.00	x11:56.27	

Event 23 Girls High Jump

Name	Year	School	Seed	Finals	Points
1 Goff, Liz (Libby)	12	Pembroke	4-08.00	4-04.00	
4-02 4-04 4-06					
O XXO XXX					
2 Vitale, Tessa	9	Pembroke	3-10.00	4-00.00	
3-10 4-00 4-02					
O XO XXX					

3 Tripodi, Ashley 9 Pembroke 3-10.00 3-10.00
 3-10 4-00
 O XXX

Event 24 Boys High Jump

Name	Year School	Seed	Finals	Points
1 Diallo, Mamadou 5-02 5-04 5-06 5-08 5-10 6-00 6-02 XO XO XXO XO O XO XXX	12 North Quincy	5-08.00	6-00.00	
2 Francois, Jayden 5-02 5-04 5-06 5-08 XO O XO XO	12 Quincy	5-02.00	5-08.00	
3 Merone, Jowens 4-08 5-00 5-02 5-04 5-06 5-08 O O O O XXO XXX	10 North Quincy	5-00.00	5-06.00	
4 Tracy, Kyle 5-02 5-04 XO XXX	11 Pembroke	5-03.75	5-02.00	
4 Cooley, Sean 5-02 5-04 XO XXX	10 Pembroke	5-08.00	5-02.00	
6 Leonard, Kevin 4-08 5-00 5-02 XO XXO XXX	10 Pembroke	4-11.75	5-00.00	
7 Phillips, Gabe 4-08 5-00 O XXX	10 North Quincy	5-02.00	4-08.00	
8 Shea, Jack 4-08 5-00 XXO XXX	9 Pembroke	4-10.00	xJ4-08.00	
-- Steinberg, Leo 5-04 XXX	11 Quincy	5-08.00	NH	

Event 27 Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Bergamesca, Maya FOUL 17-00.50 17-00	12 Pembroke	17-02.00	17-00.50	
2 Nugent, Sadie 16-02 FOUL FOUL	12 Pembroke	15-10.50	16-02.00	
3 Nelson, Amelia 16-01.50 15-07 15-01.50	9 Pembroke	15-01.25	16-01.50	
4 Edwards, Sophia 15-06 14-10 15-06	11 North Quincy		15-06.00	
5 Hebert, Savannah 14-05.50 15-04 15-03	9 Pembroke	14-09.50	x15-04.00	
6 Goff, Liz (Libby) 14-05 14-10 14-03.25	12 Pembroke	14-03.00	x14-10.00	
7 Tripodi, Ashley FOUL 14-08 14-06	9 Pembroke	14-03.50	x14-08.00	
8 Drummond, Ellie FOUL 14-01 FOUL	11 Pembroke	14-01.00	x14-01.00	
9 Gray, Aaraya 13-02.50 12-02.50 FOUL	12 Quincy	11-08.50	13-02.50	

Event 28 Boys Long Jump

Name	Year School	Seed	Finals	Points
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1	Francois, Jayden	12	Quincy	21-10.50	
	20-01 21-00.75 21-10.50				
2	Leonard I, Jayden	12	Pembroke	21-08.50	21-05.25
	20-08 21-05.25 FOUL				
3	Steinberg, Leo	11	Quincy		21-01.00
	21-01 FOUL 20-10.50				
4	Chella, Jack	9	North Quincy		19-06.00
	19-02.50 FOUL 19-06				
5	Cullinane, Liam	9	Pembroke	15-04.50	16-11.00
	FOUL 16-11 FOUL				
6	Brown, Jake	10	Pembroke	17-00.50	16-06.75
	15-07.25 15-10 16-06.75				
7	Murrin, Kevin	11	Pembroke	16-08.00	x16-06.00
	14-08.50 16-06 16-02				
8	Perez, Michael	12	Pembroke	16-05.50	x16-00.50
	16-00.50 15-11 15-03.75				
9	Chen, Owen	9	North Quincy	16-02.00	15-08.00
	15-08 15-05.25 13-01.50				
10	Scott, Johnny	11	Pembroke	13-03.00	x13-05.50
	10-11 13-01 13-05.50				

Event 29 Girls Triple Jump

Name	Year School	Seed	Finals	Points
1 Bergamesca, Maya	12 Pembroke	36-00.00	37-02.00	
	37-02 36-02 36-00.50			
2 Vitale, Tessa	9 Pembroke	30-03.00	34-00.50	
	33-01 34-00.50 33-01			
3 Nelson, Amelia	9 Pembroke	31-08.75	32-01.00	
	31-04 32-01 30-10			
4 Hebert, Savannah	9 Pembroke	28-11.50	x31-00.50	
	FOUL 31-00.50 30-09.50			

Event 30 Boys Triple Jump

Name	Year School	Seed	Finals	Points
1 Steinberg, Leo	11 Quincy		42-11.00	
	41-01 42-11 42-09			
2 Vines, Benjamin	9 Quincy	36-08.50	38-08.25	
	38-08.25 38-03 FOUL			
3 Cullinane, Liam	9 Pembroke	36-04.25	34-08.75	
	34-08.75 FOUL FOUL			
4 Brown, Jake	10 Pembroke		33-01.00	
	32-00 32-06.50 33-01			
5 Chen, Owen	9 North Quincy	29-00.50	30-08.00	
	30-08 28-04 28-10			

Event 31 Girls Shot Put

Name	Year School	Seed	Finals	Points
1 Ghattas, Veronica	12 Pembroke	33-07.50	34-06.00	
	33-10.25 34-06 33-04			
2 Stevens, Grace	11 Pembroke	31-01.50	32-08.25	
	30-02 32-08.25 31-06.50			
3 Houghton, Shelby	12 Pembroke	31-02.00	32-01.75	
	31-08 30-10 32-01.75			
4 Davis, Emily	11 North Quincy	21-01.50	31-07.50	
	21-08.50 21-08.75 31-07.50			
5 Torky, Bassma	12 Quincy	31-11.00	31-05.00	
	FOUL 31-02.50 31-05			

6	Aubrey, Mikilah	12	Quincy	29-05.00	28-11.00
	25-10.50 28-11 28-05				
7	Bouphavongsa, Ava	12	Pembroke	24-01.00	x22-10.75
	22-05 22-10.75 22-06				
8	Ganno, Nora	10	North Quincy	25-03.00	22-09.00
	22-09 22-01 22-01				
9	Grimes, Ella	9	North Quincy	19-10.50	21-08.00
	18-09 21-08 21-01				
10	Warner, Raven	11	Pembroke	22-07.50	x21-07.00
	20-09 21-05 21-07				

Event 32 Boys Shot Put

Name	Year	School	Seed	Finals	Points
1	McCarthy, Nick	11	Pembroke	46-01.25	47-03.50
	45-04.50 47-03.50 45-07				
2	Schultz, Peter	12	Pembroke	43-00.00	40-02.50
	FOUL 39-01.50 40-02.50				
3	Steinberg, Leo	11	Quincy	38-00.00	39-03.00
	39-03				
4	Ala, Jonas	10	Quincy	38-01.00	38-11.00
	37-06 37-07 38-11				
5	Young, Christopher	11	Quincy	40-10.50	37-11.00
	37-11 37-05.50 35-03				
6	Leonard I, Jayden	12	Pembroke	39-10.00	37-09.00
	FOUL 37-09 35-10				
7	Pimenta, Luka	10	Pembroke	40-05.75	x37-01.00
	37-01 FOUL FOUL				
8	Castillo, Wellington Jaq	11	Quincy	40-08.50	x36-07.50
	35-01 36-02 36-07.50				
9	Smolinsky, Chris	11	Pembroke	33-09.50	x35-11.00
	FOUL 35-11 34-02				
10	Tavares, Zack	10	Pembroke	33-03.00	x35-04.50
	35-04 35-04.50 33-09				
11	Durrell, Brady	9	Pembroke	31-03.00	x34-06.50
	34-06 34-06.50 34-06				
12	Tracy, Kyle	11	Pembroke	32-05.25	x34-05.50
	32-06 34-05.50 27-02				
13	Rogers, Logan	11	Pembroke	34-04.50	x34-01.00
	FOUL 34-01 32-03				
14	Coughlin, Jack	10	North Quincy	31-08.50	32-03.00
	29-10 29-08 32-03				
15	Williams, Evan	10	Pembroke	29-01.00	x31-10.50
	31-10.50 29-02.50 29-05				
16	Phillips, Gabe	10	North Quincy	31-11.00	31-09.00
	30-05.50 31-09 31-06				
17	Pellagrini, Will	11	Pembroke	32-08.00	xJ31-09.00
	29-04.50 31-09 30-06				
18	Considine, Jeff	11	Pembroke	31-09.00	x31-08.00
	31-08 FOUL FOUL				
19	Leonard, Kevin	10	Pembroke	29-06.75	x30-04.50
	30-04.50 23-03 30-04				
20	Velasquez, Oscar	9	Quincy	28-01.00	x27-04.00
	FOUL 27-04 23-06				
21	Cooley, Sean	10	Pembroke		x26-07.00
	23-11 26-07 25-02				
22	Abrahamovich, sam		North Quincy		26-03.00
	25-08.50 26-03 26-01.50				
23	Lyons, Lucas	11	Pembroke	24-11.00	x25-10.50
	24-02 25-01 25-10.50				
24	Goodman, Leo	10	Pembroke	26-02.00	x25-07.00
	FOUL 25-02 25-07				

25	Gallagher, Daniel	10	Pembroke	21-00.00	x25-06.00
	23-08 25-06 24-05				
26	Nguyen, Justin	11	North Quincy	26-06.00	x25-04.00
	24-10.50 FOUL 25-04				
27	Travers, Matt	9	North Quincy	24-09.25	x25-01.00
	22-04 25-01 24-04				

Event 33 Girls Discus Throw

Name	Year	School	Seed	Finals	Points
1 Stevens, Grace	11	Pembroke	102-07	100-02	
	95-00 100-02 100-01				
2 Torky, Bassma	12	Quincy	100-01	88-07	
	88-07 FOUL FOUL				
3 D'Angelo, Fay	11	Pembroke	79-00	73-04	
	68-03 73-04 69-07				
4 Ghattas, Veronica	12	Pembroke	81-00	67-11	
	FOUL FOUL 67-11				
5 Tracy, Lauren	9	Pembroke	53-01	x62-02	
	49-05 54-00 62-02				
6 Warner, Raven	11	Pembroke	64-09	x57-08	
	54-07 57-08 FOUL				

Event 34 Boys Discus Throw

Name	Year	School	Seed	Finals	Points
1 McCarthy, Nick	11	Pembroke	127-09	125-04	
	125-04 118-02 124-06				
2 Considine, Jeff	11	Pembroke	117-11	117-02	
	117-02 114-09 FOUL				
3 Young, Christopher	11	Quincy		110-07	
	110-07 FOUL FOUL				
4 Rogers, Logan	11	Pembroke	102-09	108-10	
	FOUL 94-08 108-10				
5 Pimenta, Luka	10	Pembroke	71-05	x103-10	
	88-11 103-10 94-07				
6 Castillo, Wellington Jaq	11	Quincy		103-04	
	FOUL 101-09 103-04				
7 Smolinsky, Chris	11	Pembroke	75-06	x94-08	
	93-08 94-08 78-05				
8 Coughlin, Jack	10	North Quincy	87-11	88-04	
	88-04 77-06 83-07				
9 Durrell, Brady	9	Pembroke	89-03	x84-08	
	FOUL 84-08 FOUL				
10 Pellagrini, Will	11	Pembroke	94-02	x83-00	
	FOUL 83-00 FOUL				
11 Velasquez, Oscar	9	North Quincy	75-09	80-03	
	75-04 76-07 80-03				
12 Schultz, Peter	12	Pembroke	87-00	x78-05	
	72-05 67-02 78-05				
13 Tavares, Zack	10	Pembroke	75-07	x72-10	
	72-10 66-03 72-10				
14 Goodman, Leo	10	Pembroke	73-11	x72-09	
	FOUL FOUL 72-09				
15 Ledger, Jacob	9	Pembroke	62-02	x69-07	
	56-08 69-07 FOUL				
16 Campbell, Gavin	10	Pembroke	68-02	x68-01	
	58-02 58-07 68-01				
17 Wills, Mason	10	Pembroke	66-00	x63-02	
	FOUL 63-02 59-05				
18 Foss, AJ	10	Pembroke	71-03	x62-11	

	FOUL 62-11	FOUL				
19	Brown, Connor		11	Pembroke	74-10	x62-05
	62-05 51-06	60-00				
20	Long, Michael		10	Pembroke	65-00	x60-05
	FOUL 58-05	60-05				
21	Lyons, Lucas		11	Pembroke	59-00	x59-05
	59-05 FOUL	57-07				
22	Williams, Evan		10	Pembroke	61-03	x55-05
	43-08 FOUL	55-05				
23	Gallagher, Daniel		10	Pembroke	54-10	x53-04
	FOUL FOUL	53-04				

Event 35 Girls Javelin Throw

Name	Year	School	Seed	Finals	H#	Points
1 Boupavongsa, Ava	12	Pembroke	104-09	103-03	1	
	102-02 96-06	103-03				
2 Edwards, Sophia	11	North Quincy	95-06	92-10	1	
	85-05 86-01	92-10				
3 Li, Jenny	10	North Quincy	96-01	90-10	1	
	83-03 78-08	90-10				
4 Gray, Aaraya	12	Quincy	87-11	88-06	1	
	80-10 84-00	88-06				
5 Houghton, Shelby	12	Pembroke	62-07	75-10	1	
	58-00 62-02	75-10				
6 O'Neill, Chloe	10	North Quincy	71-10	72-02	1	
	72-02 68-02	62-10				
7 Flaherty, Jill	11	Pembroke	74-00	70-02	1	
	70-02 66-02	60-01				
8 D'Angelo, Fay	11	Pembroke	72-11	x69-02	1	
	62-02 69-02	65-01				
9 Murray, Alexandra	9	North Quincy	63-03	x69-01	1	
	63-01 69-01	65-11				
10 McGillicuddy, Maddy	11	North Quincy	74-08	x67-01	1	
	59-09 66-01	67-01				
11 Goff, Allison	9	Pembroke	54-01	x66-02	1	
	46-02 66-02	48-08				
12 Grimes, Ella	9	North Quincy	57-10	x65-11	1	
	56-10 65-11	FOUL				
13 Tracy, Lauren	9	Pembroke	56-03	x61-01	1	
	61-00 59-01	61-01				
14 Bergamesca, Charlotte	9	Pembroke	67-00	x52-01	1	
	48-01 52-01	45-01				
15 Nelson, Zoe	10	North Quincy	54-00	x51-00	1	
	39-10 45-10	51-00				
16 Dawson, Evelyn	10	North Quincy	61-07	x50-10	1	
	50-10 41-01	50-01				
17 Williams, Sarah	11	Pembroke	54-07	x49-10	1	
	43-01 49-10	41-01				
18 Flibotte, Mckenna	9	North Quincy	51-00	x44-03	2	
	39-01 40-10	44-03				
19 Davis, Emily	11	North Quincy	42-06	x34-04	2	
	32-02 32-01	34-04				

Event 36 Boys Javelin Throw

Name	Year	School	Seed	Finals	Points
1 Farrow, Max	12	Pembroke	141-01	140-10	
	140-10 130-03	138-08			
2 Ala, Jonas	10	Quincy	121-01	120-01	
	105-05 120-01	105-01			

3	Dunton, Riece	12	Pembroke	110-11	108-02
	108-02 98-08 99-10				
4	Cerone, Matthew	10	North Quincy	100-03	105-10
	101-03 105-10 101-05				
5	Ledger, Jacob	9	Pembroke	93-01	98-00
	98-00 93-10 90-09				
6	Campbell, Gavin	10	Pembroke	81-03	x94-04
	94-04 88-08 79-02				
7	Long, Michael	10	Pembroke	96-02	x89-03
	58-05 75-05 89-03				
8	Brown, Connor	11	Pembroke	97-04	x87-00
	78-05 80-08 87-00				
9	Wills, Mason	10	Pembroke	84-09	x84-03
	84-03 83-02 80-10				
10	Carinci, Anthony	11	Quincy	73-03	83-05
	78-01 83-05 79-00				
11	Foss, AJ	10	Pembroke	84-09	x80-02
	58-03 FOUL 80-02				
12	D'Angelo, Nicholas	9	Quincy	76-05	76-06
	76-06 76-05 73-10				
13	Cheung, Nicholas	12	Quincy	90-09	x70-01
	66-10 FOUL 70-01				
14	Chen, Nicholas	12	North Quincy	75-05	64-04
	64-04 57-03 64-03				
15	D'Angelo, James	11	Quincy	57-07	x56-01
	56-01 55-05 50-10				

Pembroke - Quincy - North Quincy - 5/14/2025
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QUINCY HIGH SCHOOL
Dual Meet Scores - Through Event 36

Women

Pembroke	102.00	16.00	North Quincy
North Quincy	55.00	32.00	Quincy
Pembroke	101.00	17.00	Quincy

Men

Pembroke	111.00	16.00	North Quincy
Quincy	88.00	37.00	North Quincy
Pembroke	87.00	48.00	Quincy