

Colonial Council Dual Meets 4B - 5/7/2025

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Lansingburgh High School

Results

Event 15 Girls 4x800 Meter Relay

School	Seed	Finals	Points
<b>Finals</b>			
1 Ichabod Crane 'A'	10:28.56	10:33.14	
1) Doria, Brianna	2) Braswell, Maeve		
3) Dwelley, Julia	4) Perez, Maisha		
2 Lansingburgh 'A'	11:45.00	11:13.50	
1) Riston, Ellie Marie	2) Sheppie, Katrina		
3) Ochis-Lutringer, Corlie	4) Curtis, Catherine		
3 Schalmont 'A'	11:37.28	11:33.37	
1) Lansing, Gabby	2) Greg, Scarlett		
3) Middelkoop, Alex	4) LeRoy, Abigail		
4 Ichabod Crane 'B'	11:15.00	12:00.37	
1) Spensieri, Elizabeth	2) Chiaro, Kaylee		
3) Joralemon, Ella	4) Eigenbrodt, Amber		
5 LaSalle Institute (Troy) 'A'	11:44.25	12:06.78	
1) Dalmata, Maura	2) Smith, Isabella		
3) Wheland, Leah	4) Straight, Quinn		
6 Schalmont 'B'	13:05.00	13:04.01	
1) Lansing, Hannah	2) Stubbs, Olivia		
3) Mickle, Regan	4) DeMania, Cipriana		

Event 16 Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 LaSalle Institute (Troy) 'A'	9:07.71	9:31.06	
1) Gaul, Ebisa	2) McLean, Holden		
3) Treacy, Hudson	4) Kliza, Nehemiah		
2 Ichabod Crane 'A'	10:00.00	10:24.49	
1) Brignull, Connor	2) Clark, Michael		
3) Nelson, Simon	4) Scott, Anthony		
3 Schalmont 'A'	10:30.00	10:36.33	
1) Kushner, Joel	2) Hughes, Jack		
3) Sellnow, Lucas	4) Vaccaro, Angelo		

Event 7 Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Harris, Tianna	Troy	16.68	16.45	1	
2 Brown, Kylie	Ichabod Cran	16.55	17.36	1	
3 Eiser, Caelyn	Schalmont	17.73	17.82	1	
4 Rossetti, Giavana	Schalmont	18.43	18.85	1	
5 Hogan, Abigail	Schalmont	19.03	19.22	1	
6 Church, Audrey	Ichabod Cran	19.97	19.46	1	
7 Lenegar, Alycia	Lansingburgh	21.12	19.87	2	
8 Colantonio, Lillian	Lansingburgh	20.67	20.71	2	
9 Aftab, Ky'Lynne	Lansingburgh	21.52	20.87	3	
10 Hyatt, Emani	Lansingburgh	20.87	21.29	2	
11 Breen, Erica	Ichabod Cran	24.99	21.41	3	
12 Gorostiza, Alyssa	Lansingburgh	21.10	22.15	2	
13 Beidl, Madison	Lansingburgh	20.88	22.35	2	
14 Waryas, Chloe	LaSalle Inst	21.70	23.00	3	
-- Holliday, Rose	Ichabod Cran	20.25	DNF	2	

## Event 8 Boys 110 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Thompson, Salah	Lansingburgh	15.85	16.09	1	
2 Lin, Raymond	LaSalle Inst	17.79	17.36	1	
3 Ben-Isreal, Jacob	Troy	18.74	18.63	1	
4 McAdoo, Clinton	LaSalle Inst	16.02	18.76	1	
5 Lopez, Max	Ichabod Cran	19.63	20.54	2	
6 Williamson, Harlem	LaSalle Inst	20.70	20.66	2	
7 VanDervoort, Riley	Lansingburgh	22.08	22.37	2	

## Event 1 Girls 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Lenegar, Samaira	Troy	12.75	12.86	1	
2 Uhlar, Ella	LaSalle Inst	12.95	13.09	1	
3 Thomas, Laila	Troy	12.93	13.34	1	
4 Randle, Trinity	Schalmont	13.12	13.44	1	
5 Battiste, Jah'zara	Lansingburgh	13.28	13.45	1	
6 Autrey, Emma	Ichabod Cran	13.45	13.52	2	
7 Ramirez, Adrianna	Troy	13.38	13.69	2	
8 Nazario, Amya	Ichabod Cran	14.41	13.93	3	
9 Phoenix, Miranda	Lansingburgh	14.27	14.10	3	
10 Bean, Mykhel	Lansingburgh	13.88	14.16	2	
11 Kushner, Zara	Schalmont	13.37	14.21	2	
12 Tobolski, Leticia	Ichabod Cran	15.19	14.23	5	
13 Welch, Leandra	Lansingburgh	14.66	14.33	4	
14 Duffey, Hailey	Ichabod Cran	14.52	14.43	3	
15 Mehu, Chloe	Schalmont	14.67	14.84	4	
16 Haggerty, Elise	Ichabod Cran	14.56	14.87	3	
17 Armstrong, Kashiya	Troy	14.21	14.99	2	
18 Lopez, Tatiana	Troy	14.77	15.13	4	
19 Surprenant, Vivienne	Lansingburgh	15.42	15.18	5	
20 Koroso, Victoria	LaSalle Inst	14.68	15.19	4	
20 Sanchez, Nicole	Lansingburgh	15.59	15.19	6	
22 Brown, Uh'Jhonya	Lansingburgh	15.35	15.21	5	
23 Waryas, Chloe	LaSalle Inst	14.84	15.32	4	
24 Santos, Shanyse	Troy	15.65	15.41	6	
25 Hay, Aleesia	Lansingburgh	15.76	15.61	7	
26 Hayes, Priscilla	LaSalle Inst	15.27	15.64	5	
27 Cruz-Loyola, Jocelyn	Ichabod Cran	15.39	15.79	5	
28 Kirnon, Serenity	Schalmont	15.64	15.90	6	
29 Vetromile, Artemisia	Ichabod Cran	15.56	16.06	6	
30 Ferrieras, Keila	Lansingburgh	15.72	16.13	6	
31 Vidal, Isabella	LaSalle Inst	16.74	16.45	7	
32 Marable, Lauryn	Lansingburgh	17.27	16.76	8	
32 Hebert, Shyann	Ichabod Cran	16.93	16.76	7	
34 Cruz, Xitlali	Ichabod Cran	15.87	16.79	7	
35 Brice, Riah	Troy	16.73	16.84	7	
36 Hauser, Alane	Lansingburgh	19.14	18.10	8	
37 Howes, Kiley	Lansingburgh	19.13	19.35	8	
38 Marcano, Julianis	Lansingburgh	22.22	20.90	8	
-- Bacecci, Carola	Ichabod Cran	15.98	DNS	7	
-- Udemgba, Asiyah	Schalmont	14.37	DNS	3	
-- Luther, Cheyanne	Schalmont	14.46	DNS	3	
-- Omer, Ehsan	Lansingburgh	18.70	DNS	8	
-- Kaliku, Efemena	Kipp Troy Pr	15.49	DNS	6	
-- Amoroso, Gianna	Schalmont	13.34	DNS	1	
-- Gardy, Ava	Schalmont	14.20	DNS	2	
-- Flint, Kathryn	Ichabod Cran	15.12	SCR		

Event 2 Boys 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Obiribea, Jahzair	Troy	11.00	11.25	1	
2 Callahan, Landen	Schalmon	11.08	11.40	1	
3 Acevedo, Josiah	Troy	11.49	11.45	1	
4 Monk, Julian	Troy	11.02	11.50	1	
5 Connell, Mathias	Ichabod Cran	12.10	11.69	3	
6 Peterson, Samuel	Lansingburgh	11.82	11.89	2	
7 Flowers, Carter	Schalmon	11.90	11.91	2	
8 Lopez, Pedro	Ichabod Cran	12.46	11.94	6	
9 Antalek, Samuel	Ichabod Cran	12.04	12.00	2	
10 Frair, Rayquan	Troy	11.56	12.03	1	
11 Hernandez, Jordan	Ichabod Cran	12.65	12.19	6	
12 Sprenger, Andrew	Schalmon	11.89	12.22	2	
13 Lin, Raymond	LaSalle Inst	12.88	12.26	7	
14 Harris, Izavion	Troy	12.08	12.28	3	
15 Blando, Benedict	LaSalle Inst	11.69	12.34	2	
16 Clarke, Tyrese	Lansingburgh	12.26	12.36	4	
17 Guerrero-Gonzalez, Alexa	Ichabod Cran	12.37	12.38	5	
18 Thomas, Mikih	LaSalle Inst	12.68	12.39	6	
19 McNeill, Denym	Lansingburgh	12.93	12.41	8	
20 Rigney, Nathan	Troy	12.10	12.49	3	
21 Weinrich, Finn	Ichabod Cran	12.82	12.50	7	
22 Garcia, Jeremiah	Troy	12.10	12.54	3	
23 Mergil, Benjamin	Troy	12.17	12.55	3	
24 Fredericks, Anari-Ja'Qua	Lansingburgh	12.79	12.56	7	
24 Rodriguez, Elijah	LaSalle Inst	12.07	12.56	3	
26 Hogges, Cassere	Lansingburgh	12.43	12.64	5	
27 Duffy, William	Ichabod Cran	12.69	12.66	6	
27 Zieber, Jack	Schalmon	20.80	12.66	13	
29 Stead, Sam	Ichabod Cran	13.42	12.73	10	
30 Newell, KaahJe'	Troy	13.10	12.77	8	
31 Frair, Jayquan	Troy	12.42	12.79	5	
32 Cornelius, Zyair	Troy	12.27	12.85	4	
33 Garcia, Jeremy	Troy	12.30	12.88	4	
34 Williamson, Harlem	LaSalle Inst	13.18	12.92	9	
35 Jones, Sharkeif	Troy	12.24	12.96	4	
35 Golden, Sean	Schalmon	12.40	12.96	5	
37 MacEntee, Hayden	Schalmon	20.70	13.06	13	
37 Ames, Brayden	Ichabod Cran	12.59	13.06	6	
39 Munhall, Cameron	LaSalle Inst	12.71	13.09	7	
40 Grimmel, Trent	Ichabod Cran	13.20	13.11	9	
41 Cornelius, Zyion	Troy	12.97	13.22	8	
42 Cardinal-Schmitt, Leif	Ichabod Cran	20.00	13.25	13	
43 Looby, Jack	Troy	13.36	13.37	9	
43 Hughes, Connor	Schalmon	20.90	13.37	13	
45 Cauwels, Sam	LaSalle Inst	13.84	13.41	11	
46 Bender, Maxwell	LaSalle Inst	12.67	13.43	6	
47 Rentas-Rivera, Adrian	Troy	13.15	13.49	9	
48 Vroman, Alexander	Troy	12.90	13.52	8	
49 Daga, Lorenzo	LaSalle Inst	12.31	13.53	4	
50 Burger, Jake	Ichabod Cran	14.06	13.63	11	
51 Williams, Joey	Lansingburgh	14.45	13.69	12	
52 Keddell-Tuckey, Matthais	Troy	13.44	13.73	10	
53 Stubbs, Robbie	Schalmon	12.74	13.75	7	
54 Cruz-Bautista, Jenrri	Ichabod Cran	14.35	13.83	11	
55 Rescott, Brigham	Lansingburgh	14.47	13.87	12	
56 Fredericks, Sanai-Sharod	Lansingburgh	14.08	14.02	11	
57 Held, Joshua	Ichabod Cran	14.27	14.03	11	
58 MacPherson, Patrick	Schalmon	13.82	14.10	11	
59 Sellnow, Lucas	Schalmon	13.46	14.16	10	

60 Casey, Jack	Ichabod Cran	14.65	14.22	13
61 Ford, Maddox	Troy	14.51	14.70	12
62 Dickey, Michael	Ichabod Cran	14.50	14.77	12
63 Kafka, Matthew	Ichabod Cran	14.50	14.81	12
64 Williams, Charlie	Lansingburgh	18.37	17.52	13
-- Gray, Jamere	Troy	12.43	DNS	5
-- Brown, Hunter	Ichabod Cran	13.43	DNS	10
-- Trotter, Jayden	Troy	13.03	DNS	8
-- McMillian, Nasir	Kipp Troy Pr	12.86	DNS	7
-- Reyes, Za'veon	Troy	12.32	DNS	5
-- Perkins, Hasai	Troy	13.81	DNS	10
-- Singletary, Damien	Troy	12.22	DNS	4
-- Forde, Vulonn	Troy	13.21	DNS	9
-- Bower, Logan	Ichabod Cran		DNS	8
-- Casey, Thomas	Ichabod Cran	17.34	SCR	
-- Glavin, Hendrix	Schalmon	13.00	SCR	

Event 11 Girls 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Perez, Maisha	Ichabod Cran	5:27.16	5:31.46	
2 Herwick-Poutre, Ella	Ichabod Cran	6:15.00	5:51.46	
3 Sheppie, Keira	Lansingburgh	6:00.00	5:53.41	
4 Allard, Olivia	Ichabod Cran	6:00.20	5:54.30	
5 Alarcon, Annalyse	Troy	5:50.00	5:56.14	
6 Alarcon, Marianna	Troy	5:48.84	6:02.35	
7 Goodrich, Emilie	Ichabod Cran	5:45.27	6:18.27	
8 Eigenbrodt, Amber	Ichabod Cran	6:25.00	6:38.27	
9 LaBarge, Sophia	Troy	7:00.00	6:38.86	
10 Church, Rebecca	Ichabod Cran	6:35.56	6:39.52	
11 Thomas, Madelyn	Ichabod Cran	6:55.29	7:01.88	
12 Hoff, Grace	Ichabod Cran	7:11.01	7:10.68	
13 Oathout, Eve	Troy	7:21.18	7:13.35	
-- Smith, Isabella	LaSalle Inst	7:15.00	DNS	

Event 12 Boys 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Thiess-Helden, Felix	Ichabod Cran	5:00.56	4:49.90	
2 McColley, Louis	Troy	4:53.15	4:50.27	
3 Castle, Woodrow	LaSalle Inst	5:07.78	4:57.05	
4 Knudsen, Healen	Ichabod Cran	5:10.00	5:04.38	
5 Murray, Jackson	Troy	5:12.41	5:27.58	
6 Goodrich, Alexander	Ichabod Cran	5:28.16	5:31.70	
7 Hughes, Jack	Schalmon	5:51.00	5:33.22	
8 Kushner, Joel	Schalmon	5:50.73	5:33.83	
9 Archambeault, Logan	Troy	6:15.00	5:40.07	
10 Hauser III, Charles	Lansingburgh	5:41.31	5:47.77	
11 Coonradt-Ernest, David	Lansingburgh	5:54.51	5:49.75	
12 Cardinal, Aven	Ichabod Cran	6:00.01	5:51.95	
13 Bertram, Cameron	Ichabod Cran	5:55.42	5:55.45	
14 Vaccaro, Angelo	Schalmon	6:05.14	6:09.32	
15 Levin, Aaron	Schalmon	6:26.47	6:15.80	
16 Christian, Zakariah	Ichabod Cran	6:41.19	6:29.88	
17 Clark, Michael	Ichabod Cran	5:29.69	6:32.69	
-- VanDervoort, Riley	Lansingburgh	6:09.48	DNS	
-- Gaul, Ebisa	LaSalle Inst	5:01.06	DNS	

Event 18 Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
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1	Troy 'A'	52.80	51.71	1	
	1) Braxton, Briarah				
	2) Thomas, Laila				
	3) Harris, Tianna				
	4) Lenegar, Samaira				
2	Lansingburgh 'A'	54.35	54.91	1	
	1) Bean, Mykhel				
	2) Battiste, Jah'zara				
	3) Phoenix, Miranda				
	4) Colantonio, Lillian				
3	Ichabod Crane 'B'	56.10	57.74	1	
	1) Haggerty, Elise				
	2) Tobolski, Leticia				
	3) Vetromile, Artemisia				
	4) Duffy, Hailey				
4	Lansingburgh 'B'	58.35	1:05.60	1	
	1) Surprenant, Vivienne				
	2) Sanchez, Nicole				
	3) Welch, Leandra				
	4) Brown, Uh'Jhonya				
5	Ichabod Crane 'C'	1:05.00	1:05.66	2	
	1) Cruz, Xitlali				
	2) Cruz-Loyola, Jocelyn				
	3) Jones, Corinne				
	4) Hebert, Shyann				
6	Lansingburgh 'C'	1:05.35	1:14.09	2	
	1) Marable, Lauryn				
	2) Perez, Mari'jean				
	3) Hauser, Alane				
	4) Howes, Kiley				
--	Ichabod Crane 'A'	51.73	DQ	1	Handoff out
	of zone				
	1) Brown, Kylie				
	2) Autrey, Emma				
	3) Nazario, Amya				
	4) Henry, Ariana				
--	Kipp Troy Prep High School 'A'	55.00	SCR		
	1) Ward, Alonna				
	2) Powell, Saiyuri				
	3) Pinto, Amya				
	4) Feliciano, Chasity				
--	LaSalle Institute (Troy) 'A'	1:00.91	SCR		
	1) Waryas, Chloe				
	2) Koroso, Victoria				
	3) Hayes, Priscilla				
	4) Valle, Elora				

Event 17 Boys 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Ichabod Crane 'A'	45.53	45.11	1	
1) Connell, Mathias				
2) Gray Jr., David				
3) Antalek, Samuel				
4) McCollum, Parker				
2 Lansingburgh 'A'	46.05	45.87	1	
1) Harvey, DeVonce				
2) Clarke, Tyrese				
3) Peterson, Samuel				
4) Thompson, Salah				
3 Troy 'C'	46.80	48.04	1	
1) Rigney, Nathan				
2) Gray, Jamere				
3) Singletary, Damien				
4) Frair, Jayquan				
4 LaSalle Institute (Troy) 'A'	47.28	48.63	1	
1) Amasha, Joshua				
2) Thomas, Miki				
3) Rodriguez, Elijah				
4) Zillgitt, Camryn				
5 Troy 'A'	48.10	49.00	2	
1) Cornelius, Zyair				
2) Cornelius, Zyion				
3) Garcia, Jeremy				
4) Garcia, Jeremiah				
6 Lansingburgh 'B'	49.85	49.02	3	
1) McNeill, Denym				
2) Hogges, Cassere				
3) Fredericks, Anari-Ja'Quai				
4) Rescott, Brigham				
7 Ichabod Crane 'B'	48.00	49.46	2	
1) Grimmel, Trent				
2) Ames, Brayden				
3) Gabriel, Andrew				
4) Lopez, Max				
8 LaSalle Institute (Troy) 'C'	47.28	52.95	2	
1) Cauwels, Sam				
2) Williamson, Harlem				
3) Munhall, Cameron				
4) Ryan, William				
9 LaSalle Institute (Troy) 'B'	47.28	54.32	1	
1) Yao, Jason				
2) Nardacchi, Anthony				
3) Williams, Michael				
4) Bender, Maxwell				
10 Ichabod Crane 'D'	55.00	54.71	3	
1) Casey, Thomas				
2) Casey, Jack				

3) Cleary, Silas	4) Millar, Braeden			
11 Troy 'D'	49.10	56.36	2	
1) Jones, Sharkeif	2) Newell, KaahJe'			
3) Looby, Jack	4) Vroman, Alexander			
12 Ichabod Crane 'C'	55.00	57.71	3	
1) Held, Joshua	2) Kafka, Matthew			
3) LaBounty, Nicholas	4) Earl, Gavin			
-- Troy 'B'	46.50	SCR		
1) Mergil, Benjamin	2) Murray, Darell			
3) Forde, Vulonn	4) Harris, Izavion			
-- Schalmont 'A'	47.81	SCR		
1) Callahan, Landen	2) Golden, Sean			
3) Laribee, Kyle	4) Sprenger, Andrew			

Event 5 Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Uhlar, Ella	LaSalle Inst	1:00.16	1:02.01	1	
2 Randle, Trinity	Schalmont	1:09.00	1:06.13	2	
3 Miller, Kaylah	Troy	1:09.07	1:06.85	2	
4 House, Kiara	Lansingburgh	1:06.44	1:08.55	1	
5 LeRoy, Abigail	Schalmont	1:10.39	1:11.15	2	
6 Straight, Quinn	LaSalle Inst	1:10.98	1:11.46	2	
7 Udemgba, Asiyah	Schalmont	1:09.95	1:12.54	2	
8 Curtis, Catherine	Lansingburgh	1:15.50	1:12.55	3	
9 Sanchez, Nicole	Lansingburgh	1:17.09	1:18.55	3	
10 Stubbs, Olivia	Schalmont	1:17.00	1:18.87	3	
11 Czubek, Elizabeth	Troy	1:21.76	1:19.32	4	
12 Chiaro, Kaylee	Ichabod Cran	1:24.00	1:19.65	4	
13 Hay, Aleesia	Lansingburgh	1:25.45	1:23.01	4	
14 Udemgbe, Nneamaka	Schalmont	1:17.87	1:23.03	4	
15 Green, Mia	Troy	1:19.91	1:23.96	4	
16 Cooper, Ziona	Lansingburgh	1:25.70	1:27.94	5	
17 Peniagua-Clemente-Ar, En	Troy	1:39.21	1:42.75	5	
-- Chan, Jahzara	Kipp Troy Pr	1:25.50	DNS	5	
-- Spence, Alana	Troy	1:09.72	DNS	2	
-- Kaliku, Efemena	Kipp Troy Pr	1:15.68	DNS	3	
-- Llanes, Aalayah	Troy	1:13.22	DNS	3	
-- Goodwin, Ava	Schalmont	1:12.00	DNS	3	
-- Hughes, Abigail	Schalmont	59.79	DNS	1	
-- Cole, Leticia	Troy	1:07.00	DNS	1	
-- Ruffin, Serenity	Kipp Troy Pr	1:07.88	DNS	1	
-- Melanson, Kiley	Ichabod Cran	1:00.10	SCR		

Event 6 Boys 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Gray Jr., David	Ichabod Cran	52.14	51.73	1	
2 Stead, Joseph	Ichabod Cran	52.80	53.55	1	
3 Harris, Izavion	Troy	55.08	53.84	2	
4 Sprenger, Andrew	Schalmont	54.49	53.97	1	
5 Jones, James	Troy	54.77	55.01	1	
6 Blando, Benedict	LaSalle Inst	55.37	55.62	2	
7 O'Reilly, Christian	Lansingburgh	57.24	56.32	2	
8 Brusie, John	Ichabod Cran	1:00.09	58.32	3	
9 Thomas, Kashae	Lansingburgh	59.49	58.82	3	
10 Glavin, Hendrix	Schalmont	58.56	58.83	2	
11 Scott, Anthony	Ichabod Cran	1:00.71	59.02	3	
12 Brignull, Connor	Ichabod Cran	57.61	1:01.40	2	
13 Curtis, Tyler	Lansingburgh	1:00.45	1:01.82	3	
14 Nelson, Simon	Ichabod Cran	1:03.00	1:02.11	4	

15	Heckman, Rowand	Troy	1:16.29	1:12.61	4
16	Levin, Aaron	Schalmont	1:20.24	1:22.36	4
--	Singletary, Damien	Troy	54.35	DNS	1
--	Kliza, Nehemiah	LaSalle Inst	57.52	DNS	2
--	Nardacci, Anthony	LaSalle Inst	1:02.09	DNS	3
--	Larabee, Kyle	Schalmont	52.19	DNS	1
--	Guerrero-Gonzalez, Alexa	Ichabod Cran	1:03.00	SCR	
--	Hernandez, Jordan	Ichabod Cran	1:03.00	SCR	

Event 9 Girls 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1	Stubbs, Abbey	Schalmont	1:11.45	1:14.61	1
2	Spensieri, Elizabeth	Ichabod Cran	1:18.46	1:16.98	1
3	Rossetti, Giavana	Schalmont	1:16.50	1:17.91	1
4	Wheland, Leah	LaSalle Inst	1:20.95	1:20.50	2
5	Lenegar, Alycia	Lansingburgh	1:19.81	1:21.76	1
6	Herwick-Poutre, Ella	Ichabod Cran	1:29.96	1:22.30	2
7	Gorostiza, Alyssa	Lansingburgh	1:19.95	1:22.81	1
8	Waryas, Chloe	LaSalle Inst	1:26.10	1:28.90	2

Event 10 Boys 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1	Thompson, Salah	Lansingburgh	58.49	1:00.11	1
2	Frair, Rayquan	Troy	1:01.80	1:00.82	1
3	Ben-Isreal, Jacob	Troy	1:06.26	1:06.61	1
4	Lopez, Max	Ichabod Cran	1:07.32	1:07.73	1
5	Lin, Raymond	LaSalle Inst	1:07.83	1:08.90	2
6	McDonald, Jakee	Lansingburgh	1:07.38	1:12.40	2
7	Cauwels, Sam	LaSalle Inst	1:06.19	1:17.09	1
8	Cavagnaro, Aidan	Ichabod Cran	1:20.00	1:17.90	2
--	McAdoo, Clinton	LaSalle Inst	1:02.48	SCR	

Event 19 Girls 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1	Hughes, Abigail	Schalmont	2:27.58	2:40.72	1
2	Doria, Brianna	Ichabod Cran	2:39.29	2:42.82	1
3	Ochis-Lutringer, Corlie	Lansingburgh	2:45.97	2:46.18	1
4	Alarcon, Annalyse	Troy	2:53.12	2:50.44	1
5	Goodrich, Emilie	Ichabod Cran	2:39.66	2:54.46	1
6	Allard, Olivia	Ichabod Cran	2:55.00	2:59.75	1
7	Church, Rebecca	Ichabod Cran	3:09.75	3:00.37	2
8	Alarcon, Marianna	Troy	2:46.06	3:02.11	1
9	Joralemon, Ella	Ichabod Cran	3:20.00	3:05.19	2
10	Ward, Aneila	Lansingburgh	3:08.98	3:07.33	2
11	Turbides, Yarizelys	Lansingburgh	3:08.81	3:10.02	1
12	Songayllo, Julia	Ichabod Cran	3:21.82	3:10.67	2
13	Brierley, Hannah	Lansingburgh	3:08.47	3:18.75	1
14	Hoff, Grace	Ichabod Cran	3:27.93	3:23.45	2
15	LaBarge, Sophia	Troy	3:29.30	3:26.27	2
16	Thomas, Madelyn	Ichabod Cran	3:28.80	3:26.95	2
17	DeRocher, Lily	Schalmont	3:22.78	3:30.72	2
18	Oathout, Eve	Troy	3:34.82	3:31.25	2
--	Green, Mia	Troy	2:51.80	DNS	1
--	Peniagua-Clemente-Ar, En	Troy	3:44.39	DNS	2
--	Marble, Danielle	Lansingburgh	4:08.68	DNS	2
--	Smith, Isabella	LaSalle Inst	3:02.49	DNS	1

## Event 20 Boys 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Velasco, Jesus	Ichabod Cran	2:12.00	2:13.01	1	
2 McColley, Louis	Troy	2:09.45	2:13.47	1	
3 Gaul, Ebisa	LaSalle Inst	2:06.79	2:13.94	1	
4 Hughes, Connor	Schalmon	2:21.29	2:15.11	1	
5 Basile, Julien	Lansingburgh	2:12.96	2:16.31	1	
6 Sweeney, Ian	Ichabod Cran	2:15.08	2:21.20	1	
7 Nabozny, Brooklyn	Ichabod Cran	2:12.00	2:21.90	1	
8 Cruz, Javier	Lansingburgh	2:17.40	2:24.77	1	
9 MacEntee, Hayden	Schalmon	2:17.18	2:25.16	1	
10 Murray, Jackson	Troy	2:20.49	2:25.88	1	
11 Archambeault, Logan	Troy	2:45.00	2:26.43	2	
12 Cardinal-Schmitt, Leif	Ichabod Cran	2:10.74	2:26.99	1	
13 Stead, Matthew	Ichabod Cran	2:44.29	2:34.69	2	
14 Kushner, Joel	Schalmon	2:32.53	2:35.42	2	
15 Hughes, Jack	Schalmon	2:28.78	2:36.57	2	
16 Cardinal, Aven	Ichabod Cran	2:51.76	2:40.25	2	
17 Bertram, Cameron	Ichabod Cran	2:40.00	2:41.40	2	
18 White, Jackson	Ichabod Cran	2:41.92	2:42.15	2	
19 Sellnow, Lucas	Schalmon	2:40.32	2:42.65	2	
20 Coonradt-Ernest, David	Lansingburgh	2:23.30	2:43.04	1	
21 Thomas, Kashae	Lansingburgh	2:45.00	2:46.41	2	
22 Vaccaro, Angelo	Schalmon	2:52.65	2:58.09	2	
23 Christian, Zakariah	Ichabod Cran	3:08.51	3:01.43	2	
24 Heckman, Rowand	Troy	3:02.92	3:03.16	2	
-- DeMatteo, Evan	Ichabod Cran	2:40.00	DNS	2	
-- Castle, Woodrow	LaSalle Inst	2:28.48	DNS	2	
-- Millar, Braeden	Ichabod Cran	2:20.89	SCR		

## Event 3 Girls 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Henry, Ariana	Ichabod Cran		26.43	6	
2 Uhlar, Ella	LaSalle Inst	26.52	26.77	1	
3 Melanson, Kiley	Ichabod Cran	26.46	27.56	1	
4 Amoroso, Gianna	Schalmon	27.52	27.72	1	
5 Battiste, Jah'zara	Lansingburgh	28.42	27.98	2	
6 Bean, Mykhel	Lansingburgh	28.35	28.93	1	
7 Nazario, Amya	Ichabod Cran	29.70	29.22	2	
8 Duffy, Hailey	Ichabod Cran	30.25	29.66	3	
9 Tobolski, Leticia	Ichabod Cran	34.25	30.19	4	
9 Phoenix, Miranda	Lansingburgh	29.46	30.19	2	
11 Haggerty, Elise	Ichabod Cran	30.11	30.62	3	
12 Udemgba, Asiyah	Schalmon	32.12	31.49	4	
13 Lopez, Tatiana	Troy	31.72	31.61	3	
14 Hayes, Priscilla	LaSalle Inst	31.85	32.80	3	
15 Santos, Shanyse	Troy	34.74	33.32	5	
16 Sanchez, Nicole	Lansingburgh	33.94	33.37	4	
17 Kirnon, Serenity	Schalmon		34.24	7	
18 Vetromile, Artemisia	Ichabod Cran	35.46	34.65	5	
19 Brice, Riah	Troy	37.41	35.32	6	
20 Cruz, Xitlali	Ichabod Cran	35.87	35.65	6	
21 Hay, Aleesia	Lansingburgh	33.90	35.82	4	
22 Vidal, Isabella	LaSalle Inst	34.35	36.43	5	
23 Hebert, Shyann	Ichabod Cran	38.39	37.59	6	
24 Marable, Lauryn	Lansingburgh	40.44	37.78	7	
25 Hauser, Alane	Lansingburgh	39.87	43.46	7	
-- Ruffin, Serenity	Kipp Troy Pr	28.76	DNS	2	
-- Straight, Quinn	LaSalle Inst	29.00	DNS	2	

-- Stubbs, Abbey	Schalmon	28.14	DNS	1
-- Ferrieras, Keila	Lansingburgh	35.93	DNS	6
-- Dalmata, Maura	LaSalle Inst	32.00	DNS	3
-- Furman, Nicaiha	Kipp Troy Pr	36.67	DNS	6
-- Aftab, Ky'Lynne	Lansingburgh	34.85	DNS	5
-- Crawford, Zoe	Troy	29.74	DNS	2
-- Perez, Mari'jean	Lansingburgh	35.21	DNS	5
-- Omer, Ehsan	Lansingburgh	43.24	DNS	7
-- Randle, Trinity	Schalmon	27.10	DNS	1
-- Koroso, Victoria	LaSalle Inst	32.29	DNS	4
-- LeRoy, Abigail	Schalmon	30.00	DNS	3

Event 4 Boys 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Obiribea, Jahzair	Troy	22.27	22.83	1	
2 Monk, Julian	Troy	23.41	23.02	1	
3 Connell, Mathias	Ichabod Cran	24.72	23.81	2	
4 Acevedo, Josiah	Troy	23.53	23.90	1	
5 Harvey, DeVonce	Lansingburgh	24.01	24.26	1	
6 McCollum, Parker	Ichabod Cran	24.28	24.28	1	
7 Antalek, Samuel	Ichabod Cran	24.71	24.40	2	
8 Frair, Rayquan	Troy	25.35	24.55	3	
9 Hernandez, Jordan	Ichabod Cran	25.22	24.62	2	
10 McCollum, Carter	Ichabod Cran	25.55	24.81	3	
11 Harris, Izavion	Troy	25.57	24.88	3	
12 Blando, Benedict	LaSalle Inst	24.89	24.95	2	
13 Guerrero-Gonzalez, Alexa	Ichabod Cran	25.32	25.13	3	
14 Rigney, Nathan	Troy	25.72	25.27	4	
15 Millar, Braeden	Ichabod Cran		25.29	5	
16 McNeill, Denym	Lansingburgh	27.08	25.34	7	
17 Duffy, William	Ichabod Cran	25.87	25.38	4	
18 Ben-Isreal, Jacob	Troy	26.15	25.55	5	
18 Weinrich, Finn	Ichabod Cran	27.67	25.55	8	
20 Brusie, John	Ichabod Cran	26.00	25.71	4	
21 Jones, Sharkeif	Troy	27.02	25.85	7	
22 Mergil, Benjamin	Troy	25.94	25.93	4	
23 Hoggess, Cassere	Lansingburgh	25.70	26.05	4	
24 Garcia, Jeremy	Troy	26.70	26.17	6	
25 Glavin, Hendrix	Schalmon	26.59	26.51	6	
26 Newell, KaahJe'	Troy	26.70	26.67	6	
27 Munhall, Cameron	LaSalle Inst	27.42	26.79	8	
28 Nardacci, Anthony	LaSalle Inst	27.41	27.09	8	
29 Looby, Jack	Troy	27.45	27.17	8	
30 Daga, Lorenzo	LaSalle Inst	26.67	27.28	6	
31 Cauwels, Sam	LaSalle Inst	26.98	27.46	7	
32 Stubbs, Robbie	Schalmon		27.64	11	
33 Ames, Brayden	Ichabod Cran	25.87	27.71	4	
34 Keddell-Tuckey, Matthais	Troy	28.76	27.93	9	
35 Vroman, Alexander	Troy	29.06	28.00	10	
36 Rescott, Brigham	Lansingburgh	29.19	28.16	10	
37 Rentas-Rivera, Adrian	Troy	28.93	28.17	10	
38 Ford, Maddox	Troy	29.10	28.83	10	
39 Cruz-Bautista, Jenrri	Ichabod Cran	29.24	28.87	11	
40 MacPherson, Patrick	Schalmon	31.25	29.98	11	
41 Dickey, Michael	Ichabod Cran	32.00	30.81	11	
-- Scott, Jaydon	Kipp Troy Pr	26.47	DNS	5	
-- Williams, Joey	Lansingburgh	28.14	DNS	9	
-- Singletary, Damien	Troy	25.40	DNS	3	
-- Ryan, William	LaSalle Inst	28.55	DNS	9	
-- Williamson, Harlem	LaSalle Inst	26.92	DNS	6	
-- Thomas, Mikih	LaSalle Inst	25.48	DNS	3	

-- Trotter, Jayden	Troy	28.50	DNS	9
-- Sprenger, Andrew	Schalmont	24.59	DNS	2
-- Williams, Charlie	Lansingburgh	35.24	DNS	11
-- Larabee, Kyle	Schalmont	24.37	DNS	1
-- Fredericks, Anari-Ja'Qua	Lansingburgh	26.45	DNS	5
-- Frair, Jayquan	Troy	26.10	DNS	5
-- Bender, Maxwell	LaSalle Inst	27.73	DNS	8
-- Gray, Jamere	Troy	26.39	DNS	5
-- Garcia, Jeremiah	Troy	27.20	DNS	7
-- Peterson, Samuel	Lansingburgh	24.54	DNS	2
-- Cornelius, Zyair	Troy	27.75	DNS	8
-- Burger, Jake	Ichabod Cran	29.16	DNS	10
-- Curley, Aiden	LaSalle Inst	31.40	DNS	11
-- Forde, Vulonn	Troy	27.99	DNS	9
-- Cornelius, Zyion	Troy	27.36	DNS	7

Event 13 Girls 3000 Meter Run

Name	Year School	Seed	Finals	Points
1 Greg, Scarlett	Schalmont	11:56.63	12:05.28	
2 Doria, Brianna	Ichabod Cran	12:04.56	12:19.78	
3 Lansing, Gabby	Schalmont	12:10.01	12:29.31	
4 Middelkoop, Alex	Schalmont	12:49.17	12:50.17	
-- Pitts, Lilia	Ichabod Cran	12:39.72	DNS	

Event 14 Boys 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Thiess-Helden, Theodore	Ichabod Cran	10:54.24	10:31.81	
2 McLean, Holden	LaSalle Inst	10:44.63	11:04.88	
3 Tate, Gavin	LaSalle Inst	11:16.56	11:10.45	
4 Meredith, Mason	Ichabod Cran	13:07.44	11:11.56	
5 Trolio, Liam	Lansingburgh	11:22.27	11:37.68	
6 Cavagnaro, Aidan	Ichabod Cran	14:07.83	11:58.50	
-- Payton, Daniel	Schalmont	12:16.41	DNS	

Event 21 Girls 4x400 Meter Relay

School	Seed	Finals	Points
1 Ichabod Crane 'A'	4:22.95	4:19.04	
1) Becker, Sydney			
2) Braswell, Maeve			
3) Autrey, Emma			
4) Melanson, Kiley			
2 Lansingburgh 'A'	4:35.81	4:32.77	
1) Bean, Mykhel			
2) House, Kiara			
3) Sheppie, Katrina			
4) Riston, Ellie Marie			
3 Troy 'A'	4:35.00	4:37.95	
1) Braxton, Briarah			
2) Llanes, Aalayah			
3) Miller, Kaylah			
4) Spence, Alana			
4 Schalmont 'A'	4:21.83	4:42.10	
1) Amoroso, Gianna			
2) Randle, Trinity			
3) Rossetti, Giavana			
4) Stubbs, Abbey			
5 LaSalle Institute (Troy) 'A'	4:57.26	5:10.08	
1) Smith, Isabella			
2) Dalmata, Maura			
3) Straight, Quinn			
4) Wheland, Leah			

Event 22 Boys 4x400 Meter Relay

School	Seed	Finals	Points
1 Ichabod Crane 'A'	3:37.06	3:37.64	

1) Gray Jr., David	2) Bower, Logan		
3) McCollum, Parker	4) Stead, Joseph	3:49.27	3:46.97
2 LaSalle Institute (Troy) 'A'			
1) Gaul, Ebisa	2) Kliza, Nehemiah		
3) Blando, Benedict	4) McAdoo, Clinton	3:45.75	3:51.62
3 Lansingburgh 'A'			
1) Basile, Julien	2) McDonald, Jakee		
3) Cruz, Javier	4) O'Reilly, Christian	4:00.00	3:54.27
4 Ichabod Crane 'C'			
1) Velasco, Jesus	2) Duffy, William		
3) Hernandez, Jordan	4) Guerrero-Gonzalez, Alexander	4:05.00	4:06.45
5 Ichabod Crane 'D'			
1) Cavagnaro, Aidan	2) Scott, Anthony		
3) Weinrich, Finn	4) Nelson, Simon	4:00.00	4:08.95
6 Ichabod Crane 'B'			
1) Stead, Sam	2) Sweeney, Ian		
3) Thiess-Helden, Felix	4) Nabozny, Brooklyn	3:49.27	4:28.30
7 LaSalle Institute (Troy) 'B'			
1) Daga, Lorenzo	2) Munhall, Cameron		
3) Ryan, William	4) Nardacci, Anthony	3:33.40	DNS
-- Troy 'A'			
1) Jones, James	2) Singletary, Damien		
3) Obiribea, Jahzair	4) Monk, Julian		

#### Event 23 Girls High Jump

START AT 7' UP BY 6"

Name	Year School	Seed	Finals	Points
1 Eiser, Caelyn	Schalmon	5-03.00	4-08.00	
3-06 3-09 4-00 4-03 4-06 4-08 4-10				
O O O O O O XXX				
2 Becker, Sydney	Ichabod Cran	4-09.00	4-03.00	
4-00 4-03 4-06				
XO XXO XXX				
3 Breen, Erica	Ichabod Cran	4-00.00	4-00.00	
3-06 3-09 4-00 4-03				
O XO XXO XXX				
4 Sheppie, Adriana	Lansingburgh	4-00.00	3-09.00	
3-09 4-00				
O XXX				
4 Thomas, Laila	Troy	4-03.00	3-09.00	
3-09 4-00				
O XXX				
4 Hogan, Abigail	Schalmon	4-04.00	3-09.00	
3-09 4-00				
O XXX				
7 Sanchez, Nicole	Lansingburgh	4-02.00	J3-09.00	
3-06 3-09 4-00				
XO XXO XXX				
-- Wheland, Leah	LaSalle Inst	3-09.00	DNS	
-- Luther, Cheyanne	Schalmon	3-09.00	DNS	

#### Event 24 Boys High Jump

START AT 4' UP BY 3" TILL 4' 6 THEN BY 2"

Name	Year School	Seed	Finals	Points
1 Antalek, Ryan	Ichabod Cran	6-02.00	6-00.00	
5-10 6-00 6-03				
O O XXX				
2 Williams, Michael	LaSalle Inst	5-10.00	5-10.00	
4-08 4-10 5-00 5-02 5-04 5-06 5-08 5-10 6-00				

3	Murray, Darell	O O O O O XXO O XO XXX	Troy	5-09.00	5-08.00
		4-08 4-10 5-00 5-02 5-04 5-06 5-08 5-10			
		O O O O O O XO XXX			
4	Bolle, Lucas		Schalmon	5-06.00	5-04.00
		5-00 5-04 5-06			
		O XXO XXX			
5	Din, Ari		Schalmon	5-06.00	J5-04.00
		5-00 5-04 5-06			
		XO XXO XXX			
6	Acevedo, Josiah		Troy	5-00.00	5-02.00
		4-06 4-08 4-10 5-00 5-02 5-04			
		O O O O O XXX			
7	Nardacci, Anthony		LaSalle Inst	4-06.00	J5-02.00
		4-03 4-06 4-08 4-10 5-00 5-02 5-04			
		O O O XO XO XXO XXX			
8	Larkin, Jonathan		Lansingburgh	5-00.00	5-00.00
		4-00 4-03 4-06 4-08 4-10 5-00 5-02			
		O O O O O XO XXX			
9	Gabriel, Andrew		Ichabod Cran	4-09.00	J5-00.00
		4-00 4-03 4-06 4-08 4-10 5-00 5-02			
		O O O O XO XXO XXX			
10	Ryan, William		LaSalle Inst	5-04.00	4-10.00
		4-03 4-06 4-08 4-10 5-00			
		O O O XO XXX			
11	Kliza, Nehemiah		LaSalle Inst	5-00.00	4-08.00
		4-06 4-08 4-10			
		O O XXX			
12	Bender, Maxwell		LaSalle Inst	5-00.00	4-06.00
		4-06			
		XO			
12	Holliday, Evan		Ichabod Cran	4-10.00	4-06.00
		4-00 4-03 4-06 4-08			
		O O XO XXX			
14	McDonald, Jakee		Lansingburgh	4-08.00	4-03.00
		4-00 4-03 4-08			
		O O X			
15	VanDervoort, Riley		Lansingburgh	4-09.00	4-00.00
		3-06 3-09 4-00 4-03			
		X XXO XXO XXX			
--	Stead, Sam		Ichabod Cran	4-06.00	NH
		4-06			
		XXX			
--	Reyes, Za'veon		Troy	5-00.00	DNS
--	Frair, Rayquan		Troy	5-00.00	DNS
--	McNeill, Denym		Lansingburgh	5-00.00	DNS
--	Obiribea, Jahzair		Troy	5-02.00	DNS
--	Brown, Hunter		Ichabod Cran	5-03.00	DNS

Event 25 Girls Pole Vault

START AT 7' UP BY 6"					
Name	Year	School	Seed	Finals	Points
1 Foy, Alexis		Lansingburgh	6-06.00	6-06.00	
	5-06 6-00 6-06 7-00				
	O O XO XXX				
2 Marable, Lauryn		Lansingburgh	6-00.00	5-06.00	
	5-06 6-00				
	XO XXX				
2 Wheland, Leah		LaSalle Inst		5-06.00	
	5-06 6-00				
	XO XXX				

2 Brierley, Hannah	Lansingburgh	6-00.00	5-06.00
5-06 6-00			
XO XXX			
-- Dalmata, Maura	LaSalle Inst	5-06.00	NH
5-06			
XXX			

Event 26 Boys Pole Vault

START AT 7' UP BY 6"				
Name	Year	School	Seed	Finals Points
1 Antalek, Ryan		Ichabod Cran	12-00.00	12-07.00
11-00 12-07 13-04				
XXO O XXX				
-- Reyes, Za'veon		Troy	8-06.00	NH
7-06				
XXX				
-- Curtis, Tyler		Lansingburgh	6-06.00	NH
5-06				
XXX				
-- Taitt, Dean		Lansingburgh	10-00.00	DNS

Event 27 Girls Long Jump

4 JUMPS				
Name	Year	School	Seed	Finals Points
1 Henry, Ariana		Ichabod Cran	18-06.00	17-06.00
17-06 17-05.50 15-03				
2 Eiser, Caelyn		Schalmon	17-02.00	15-06.00
14-10 15-03.50 15-06 15-05				
3 Kushner, Zara		Schalmon	14-08.25	14-08.50
14-02 14-03.25 14-08.50 14-01				
4 Samascott, Angelina		Ichabod Cran	13-09.00	13-11.50
12-10 13-11.50 9-06.50				
5 Stubbs, Abbey		Schalmon	14-02.25	13-09.75
13-09.75 13-02.50				
6 Welch, Leandra		Lansingburgh	13-08.50	13-09.50
12-04 13-09.50				
7 Rossetti, Giavana		Schalmon	12-03.50	13-06.00
13-06 11-10.50 12-04.50				
8 Luther, Cheyanne		Schalmon	13-07.75	13-03.50
13-00 12-08.75 13-03.50 13-03.50				
9 DeMania, Cipriana		Schalmon	11-11.00	13-01.75
12-05 13-01.75 11-10 12-04.50				
10 Breen, Erica		Ichabod Cran	10-11.00	13-01.50
12-07.50 13-01.50 12-03.50				
11 Miller, Kaylah		Troy	13-01.50	12-11.50
12-08.50 12-11.50 12-02.50				
12 Kopec, Valerie		Ichabod Cran	12-07.75	12-06.50
12-06.50 11-04 11-03				
13 Ward, Aneila		Lansingburgh	11-07.00	11-10.75
10-06.50 11-10.75 10-03.50				
14 Surprenant, Vivienne		Lansingburgh	12-01.50	11-09.00
11-09 10-07.50 10-10				
15 Curtis, Catherine		Lansingburgh	13-04.00	11-08.75
x 10-07.50 11-08.75				
16 Brierley, Hannah		Lansingburgh	11-02.00	11-08.00
x 11-08				
17 Sheppie, Adriana		Lansingburgh	10-01.50	11-07.50

10-00	11-07.50	11-01.50				
18	Stubbs, Olivia	Schalmon	11-00.00	J11-07.50		
10-00.50	11-07.50					
19	Armstrong, Kashiya	Troy	12-05.00	11-06.75		
11-06.75	x					
20	Cooper, Ziona	Lansingburgh	11-05.00	11-01.00		
x	x	11-01	10-10.50			
21	Omer, Ehsan	Lansingburgh		10-08.75		
10-08.75		10-03.50				
22	Joralemon, Ella	Ichabod Cran	7-00.00	10-01.50		
9-10.50	9-11	10-01.50				
23	Austin, Emerson	Ichabod Cran	11-08.25	9-11.50		
	9-11.50					
24	Hyatt, Emani	Lansingburgh	10-05.00	9-08.50		
9-06.50	9-08.50	8-08.50	9-02			
25	Ferrieras, Keila	Lansingburgh	10-06.00	J9-08.50		
9-06	9-08.50	8-08.50	9-02			
26	Chiaro, Kaylee	Ichabod Cran	7-00.00	8-11.00		
8-11	7-09.50					
--	Flint, Kathryn	Ichabod Cran	13-10.50	DNS		
--	Bacecci, Carola	Ichabod Cran	7-07.50	DNS		
--	Uhlar, Ella	LaSalle Inst	12-00.00	DNS		
--	Lansing, Hannah	Schalmon	11-09.50	DNS		
--	Llanes, Aalayah	Troy	11-06.00	DNS		
--	Gardy, Ava	Schalmon	12-01.50	DNS		
--	Hayes, Priscilla	LaSalle Inst	11-08.25	DNS		

Event 28 Boys Long Jump

4 JUMPS

Name	Year	School	Seed	Finals	Points
1 Acevedo, Josiah		Troy	18-02.00	20-03.00	
20-03	19-03				
2 Taitt, Dean		Lansingburgh	19-09.75	19-00.00	
19-00	14-01	17-07			
3 Lopez, Pedro		Ichabod Cran	18-08.00	18-10.00	
FOUL	18-10	FOUL			
4 Antalek, Ryan		Ichabod Cran	17-00.00	18-07.00	
18-07	18-03	18-03			
5 Ben-Isreal, Jacob		Troy	17-09.00	18-01.00	
FOUL	18-01	FOUL			
6 Williams, Michael		LaSalle Inst	18-07.00	17-10.00	
16-07	17-10	17-10			
7 Grimmel, Trent		Ichabod Cran	17-01.00	17-00.00	
16-04	15-06	17-00			
8 Larkin, Jonathan		Lansingburgh	15-01.50	16-06.00	
16-06	14-05	15-03			
9 Frair, Jayquan		Troy	14-03.50	15-09.00	
15-09	15-03	FOUL			
10 Keddell-Tuckey, Matthais		Troy	12-03.50	14-01.00	
14-01	x				
11 McDonald, Jakee		Lansingburgh	17-03.00	13-11.00	
13-11	FOUL				
12 VanDervoort, Riley		Lansingburgh	15-07.50	13-09.00	
12-08	13-00	13-09			
13 Brown, Hunter		Ichabod Cran	16-07.50	12-08.00	
12-01	12-08				
14 Rivera, Xavier		Lansingburgh	18-06.00	12-07.00	
FOUL	FOUL	12-07			
15 Shanahan, Matthew		Lansingburgh	13-10.50	11-11.00	
11-05	11-11	10-10			
16 Rentas-Rivera, Adrian		Troy	11-05.25	9-06.00	

FOUL 9-06 9-03				
17 Gardiner, Kayden	Lansingburgh	10-05.00	8-11.00	
FOUL 8-11 FOUL				
-- Murray, Darell	Troy	20-02.00	FOUL	
FOUL FOUL FOUL				
-- Reyes, Za'veon	Troy	16-07.25	DNS	
-- Trotter, Jayden	Troy	16-05.00	DNS	

Event 29 Girls Triple Jump

4 JUMPS					
Name	Year	School	Seed	Finals	Points
1 Flint, Allison		Ichabod Cran	36-05.00	35-04.50	
35-04.50					
2 Welch, Leandra		Lansingburgh	30-05.75	29-07.50	
29-00.50	29-07.50				
3 Luther, Cheyanne		Schalmont	29-10.00	29-02.75	
29-02.75	28-10.75	28-10	28-10		
4 Samascott, Angelina		Ichabod Cran	29-08.50	27-09.25	
27-00.50	27-05.50	27-09.25			
5 LeRoy, Abigail		Schalmont	26-06.50	27-02.00	
26-08.75	25-09.50	27-02	26-01		
6 Brierley, Hannah		Lansingburgh	27-02.00	26-06.50	
x x	25-09.50	26-06.50			
7 Gorostiza, Alyssa		Lansingburgh	26-04.00	25-09.50	
22-04.50	23-07.50	24-05.50	25-09.50		
8 Austin, Emerson		Ichabod Cran	23-02.00	24-05.50	
22-03.50	22-10.50	23-09	24-05.50		
-- Spence, Alana		Troy	28-00.00	DNS	
-- Kopec, Valerie		Ichabod Cran	26-05.50	DNS	

Event 30 Boys Triple Jump

4 JUMPS					
Name	Year	School	Seed	Finals	Points
1 Warner, Gavin		Ichabod Cran	41-00.50	40-06.00	
39-04	38-09	40-06			
2 Taitt, Dean		Lansingburgh	42-11.00	38-07.00	
38-07	FOUL	FOUL			
3 Williams, Michael		LaSalle Inst	35-10.00	34-01.00	
33-11	34-01	33-07			
4 Curtis, Tyler		Lansingburgh	23-06.50	29-04.00	
FOUL	29-04	28-10			
5 Gardiner, Kayden		Lansingburgh	27-07.00	27-07.00	
26-03	27-07	27-05			
6 Rivera, Xavier		Lansingburgh	27-03.00	27-03.00	
27-03	26-09	26-09			
7 Shanahan, Matthew		Lansingburgh	26-10.25	26-08.00	
26-08	FOUL	24-09			
-- Brown, Hunter		Ichabod Cran	34-06.50	DNS	
-- Murray, Darell		Troy	37-11.25	DNS	

Event 31 Girls Discus Throw

4 THROWS					
Name	Year	School	Seed	Finals	Points
1 Adams, Ariel		Lansingburgh	126-06	118-11	
118-11	FOUL	FOUL	108-03		
2 Goyette, Annabelle		Lansingburgh	100-00	78-07	
FOUL	72-06	FOUL	78-07		

3	Gromoll, Samantha	Schalmon	76-03	70-03
	50-00 68-03 46-03 70-03			
4	Flowers, Cidney	Schalmon	71-00	J70-03
	FOUL 58-11 70-03 FOUL			
5	Ferrieras, Yelena	Lansingburgh	99-00	60-02
	47-08 52-06 60-02 51-03			
6	Dunn, Rylee	Ichabod Cran	55-00	59-11
	59-11 FOUL 57-08 59-06			
7	Quickenton, Isabella	Ichabod Cran	42-11	56-06
	41-08 46-04 56-06 44-05			
8	Holliday, Rose	Ichabod Cran	60-11	55-08
	55-08 FOUL 37-08 33-01			
9	Begin, Elizabeth	Troy	47-07	49-09
	FOUL 49-09 44-11 41-04			
10	McDaniel, Chloe	Schalmon	56-10	47-09
	FOUL 47-08 47-09 FOUL			
11	Unger-O' Shea, Nevaeh	Troy	55-11	44-08
	33-08 42-06 39-02 44-08			
12	Storch, Karlie	Ichabod Cran	50-06	43-09
	37-11 39-09 43-09 FOUL			
13	Cordero, Amelia	Lansingburgh	50-06	42-07
	FOUL 38-08 41-10 42-07			
14	Jones, Corinne	Ichabod Cran	34-07	39-09
	FOUL 39-09 35-05 FOUL			
15	Delaney, Katelyn	Schalmon	55-02	38-11
	35-11 FOUL FOUL 38-11			
16	Morelli, Gianna	Troy	36-04	38-02
	35-09 34-10 38-02 36-08			
17	Hines, Zaylee	Ichabod Cran	39-11	37-08
	36-08 37-08 36-07 33-03			
--	Caufield, Felicity	Schalmon	52-01	FOUL
	FOUL FOUL FOUL FOUL			
--	Valle, Elora	LaSalle Inst	57-04	DNS
--	Brown, Uh'Jhonya	Lansingburgh	65-00	DNS
--	Burton, Ja'Niyah	Troy	52-10	DNS

Event 32 Boys Discus Throw

4 THROWS

Name	Year	School	Seed	Finals	Points
1 Gulley, Malachi		Troy	127-05	140-07	
	FOUL FOUL 140-07 134-04				
2 Ouimet, Liam		LaSalle Inst	122-03	115-11	
	96-11 115-11 FOUL FOUL				
3 McCollum, Carter		Ichabod Cran	113-04	110-07	
	104-04 110-07 106-08 107-00				
4 Thornton, Aiden		Lansingburgh	115-02	110-05	
	91-03 FOUL 110-05 FOUL				
5 Cuevas, Gabriel		Lansingburgh	108-06	102-10	
	FOUL FOUL 101-06 102-10				
6 Din, Ari		Schalmon	91-09	101-09	
	FOUL 101-09 95-04 92-08				
7 Earl, Gavin		Ichabod Cran	95-06	100-03	
	86-11 79-10 100-03 85-06				
8 Casey, Jack		Ichabod Cran	58-11	96-05	
	54-08 96-05 FOUL 17-00				
9 Fredericks, Sanai-Sharod		Lansingburgh	98-03	96-00	
	77-04 93-03 96-00 95-07				
10 Pearlstein, Drew		LaSalle Inst	98-02	91-03	
	FOUL FOUL FOUL 91-03				
11 LaBounty, Nicholas		Ichabod Cran	86-00	87-00	
	FOUL 76-01 FOUL 87-00				

12	Cleary, Silas				Ichabod Cran	87-07	86-03
	FOUL	83-11	86-03	FOUL			
13	Carson, Zyion				Troy	96-07	82-09
	FOUL	82-09	77-11	82-06			
14	Finn, Derek				Ichabod Cran	85-10	82-06
	82-06	FOUL	79-08	69-01			
15	Manny, Kyle				Troy	101-06	81-04
	81-04	FOUL	FOUL	FOUL			
16	Bolle, Lucas				Schalmon	84-08.50	77-08
	77-08	72-05	71-04	FOUL			
17	Casey, Thomas				Ichabod Cran	70-09	68-00
	62-05	FOUL	68-00	FOUL			
18	Rangamudri, Raj				LaSalle Inst	71-09	67-02
	FOUL	62-10	67-02	61-09			
19	Cuevas, Jacob				Lansingburgh	71-02	66-06
	66-06	52-08	63-03	58-03			
20	Jablanski, Jackson				Ichabod Cran	60-04	65-07
	65-07	63-03	56-03	62-00			
21	Holland-Sostre, Dayvon				Troy	69-10	63-07
	52-02	63-07	58-03	59-00			
22	Held, Joshua				Ichabod Cran	74-02	63-04
	59-11	53-07	63-04	52-02			
23	Lewis, Cerrone				Lansingburgh	69-01	63-03
	59-01	FOUL	63-03	62-01			
24	Henges, Josh				Schalmon	74-01.50	63-02
	FOUL	63-02	FOUL	FOUL			
25	Spairana, Gabriel				Troy	60-04	61-09
	53-04	49-02	61-09	58-04			
26	Kratt, Lucas				Ichabod Cran	54-00	59-10
	59-10	FOUL	58-07	FOUL			
27	Kafka, Matthew				Ichabod Cran	57-03	52-06
	44-02	51-03	52-06	FOUL			
28	Perry, Jackson				Schalmon	45-06.50	51-01
	51-01	49-03	34-09	43-00			
29	Millar, Braeden				Ichabod Cran	68-03	50-07
	FOUL	FOUL	50-00	50-07			
30	Surprenant, Steven				Lansingburgh	47-07	45-03
	41-06	45-03	37-07	44-06			
--	Stubbs, Robbie				Schalmon	67-09	DNS
--	Shanahan, Joshua				Lansingburgh	108-01	DNS
--	Holmes, Bryan				LaSalle Inst	65-00	DNS

Event 34 Boys Shot Put

4 THROWS							
	Name	Year	School		Seed	Finals	Points
1	Gulley, Malachi		Troy		45-06.00	42-02.50	
	FOUL	42-02.50	FOUL				
2	Fredericks, Sanai-Sharod		Lansingburgh		40-01.25	39-07.00	
	38-04.50	37-08	39-07				
3	Thornton, Aiden		Lansingburgh		35-04.50	36-08.00	
	36-08	36-05.50	35-01.50				
4	Earl, Gavin		Ichabod Cran		34-11.50	35-05.50	
	33-06	34-10	35-05.50				
5	McCollum, Carter		Ichabod Cran		34-10.00	34-11.00	
	FOUL	34-11	32-04.50				
6	Holland-Sostre, Dayvon		Troy		34-01.00	33-02.00	
	33-02	30-10.50	31-00				
7	Din, Ari		Schalmon		33-03.75	32-11.00	
	32-06	31-11.50	32-11				
8	Manny, Kyle		Troy		33-01.50	32-06.50	
	30-10	32-06.50	32-02.50				

9	LaBounty, Nicholas	Ichabod Cran	33-00.00	32-05.00
	27-00 32-05 FOUL			
10	Ouimet, Liam	LaSalle Inst	37-08.00	31-04.00
	30-09 31-04 30-07			
11	Stubbs, Robbie	Schalmon	30-10.25	30-09.50
	27-04 27-06.50 30-09.50			
12	Cleary, Silas	Ichabod Cran	30-06.00	29-10.50
	28-07 28-10.50 29-10.50			
13	Carson, Zyion	Troy	30-07.00	28-10.00
	28-10 28-02.50 28-00.50			
14	Pearlstein, Drew	LaSalle Inst	27-11.00	27-07.00
	FOUL FOUL 27-07			
15	Held, Joshua	Ichabod Cran	29-01.00	27-04.00
	26-06.50 27-04			
16	Bolle, Lucas	Schalmon	27-09.00	27-01.00
	25-05 27-01 25-04.50			
17	Finn, Derek	Ichabod Cran	28-06.00	26-11.00
	25-06.50 26-11 26-02			
18	Spairana, Gabriel	Troy	27-01.00	26-04.00
	26-04 22-00 23-05.50			
19	Cuevas, Jacob	Lansingburgh	24-08.25	26-01.50
	25-00.50 26-01.50 21-09.50			
20	Perry, Jackson	Schalmon	24-04.00	26-01.00
	26-01 25-07.50 25-01			
21	Kafka, Matthew	Ichabod Cran	26-11.00	25-11.00
	24-10 25-11			
21	Casey, Jack	Ichabod Cran	27-03.50	25-11.00
	25-04 25-11			
23	Lewis, Cerrone	Lansingburgh	25-07.00	25-08.50
	25-01 25-03 25-08.50			
24	Henges, Josh	Schalmon	23-03.00	25-04.50
	22-10.50 21-07.50 25-04.50			
25	Rangamudri, Raj	LaSalle Inst	26-06.00	24-07.50
	23-03 23-08 24-07.50			
26	Jablanski, Jackson	Ichabod Cran	21-04.00	23-11.00
	22-05.50 23-11 22-02			
27	Surprenant, Steven	Lansingburgh	22-09.00	23-05.00
	21-08 23-05 22-07.50			
28	Kratt, Lucas	Ichabod Cran	22-09.00	23-00.00
	20-09 21-05.50 23-00			
29	Curley, Aiden	LaSalle Inst		22-08.50
	22-08.50 21-09.50 21-00			
30	Cruz-Bautista, Jenrri	Ichabod Cran	20-00.00	22-01.00
	FOUL 22-01 21-11.50			
31	Casey, Thomas	Ichabod Cran	21-10.00	21-01.50
	18-07 21-01.50 19-02.50			
--	Cuevas, Gabriel	Lansingburgh	34-04.00	FOUL
	FOUL FOUL FOUL			
--	VanDervoort, Riley	Lansingburgh	28-07.75	DNS
--	Holmes, Bryan	LaSalle Inst	28-05.50	DNS
--	Shanahan, Joshua	Lansingburgh	41-01.50	DNS

Event 33 Girls Shot Put

4 THROWS						
Name	Year	School	Seed	Finals	Points	
1 Adams, Ariel		Lansingburgh	30-07.00	29-04.50		
	29-04.50	28-08.50	FOUL			
2 Goyette, Annabelle		Lansingburgh	28-10.00	28-03.00		
	27-11	28-03	27-06.50			
3 Eiser, Caelyn		Schalmon	30-00.00	28-02.00		
	25-04	26-06	28-02			

4	Flint, Allison	Ichabod Cran	27-00.00
	23-03 25-08.50 27-00		
5	Dunn, Rylee	Ichabod Cran	26-00.25 25-02.00
	24-05 25-02 24-02		
6	Brown, Uh'Jhonya	Lansingburgh	26-09.00 25-01.50
	23-07 24-07 25-01.50		
7	Flowers, Cidney	Schalmont	22-09.00 24-07.50
	23-11 22-02 24-07.50		
8	Ferrieras, Yelena	Lansingburgh	26-04.00 24-06.50
	24-06.50 23-08 24-02		
9	Gromoll, Samantha	Schalmont	24-10.50 22-07.00
	21-07 22-03 22-07		
10	Flint, Kathryn	Ichabod Cran	23-03.50 J22-07.00
	22-07 21-00 22-02		
11	McDaniel, Chloe	Schalmont	20-08.00 21-07.50
	20-00 20-07.50 21-07.50		
12	Unger-O' Shea, Nevaeh	Troy	21-09.00 21-00.00
	17-06 18-09 21-00		
13	Holliday, Rose	Ichabod Cran	20-04.50 20-01.00
	18-08 18-11 20-01		
14	Cordero, Amelia	Lansingburgh	20-11.50 18-09.50
	18-06 18-09 18-09.50		
15	Quickenton, Isabella	Ichabod Cran	20-07.00 17-08.00
	17-08 16-09 17-04.50		
16	Begin, Elizabeth	Troy	20-08.50 17-06.00
	17-06 14-08 17-04		
17	Storch, Karlie	Ichabod Cran	17-01.50 16-02.00
	14-05 15-03 16-02		
18	Hines, Zaylee	Ichabod Cran	17-10.00 15-02.50
	14-04 15-02.50 14-02.50		
19	Morelli, Gianna	Troy	16-02.00 13-02.00
	12-04 13-00 13-02		
--	Delaney, Katelyn	Schalmont	23-00.00 DNS
--	Valle, Elora	LaSalle Inst	24-03.00 DNS
--	Burton, Ja'Niyah	Troy	21-05.00 DNS

Colonial Council Dual Meets 4B - 5/7/2025

Timing by Finishright.com

Lansingburgh High Schoiol

Dual Meet Scores - Through Event 34

Women

Ichabod Crane	122.00	0.00	Kipp Troy Prep High School
Ichabod Crane	78.00	59.00	Lansingburgh
Ichabod Crane	108.00	24.00	LaSalle Institute (Troy)
Ichabod Crane	71.00	61.00	Schalmont
Ichabod Crane	97.00	30.00	Troy
Lansingburgh	126.00	0.00	Kipp Troy Prep High School
LaSalle Institute (Troy)	54.00	0.00	Kipp Troy Prep High School
Schalmont	114.00	0.00	Kipp Troy Prep High School
Troy	91.00	0.00	Kipp Troy Prep High School
Lansingburgh	104.66	22.33	LaSalle Institute (Troy)
Schalmont	69.00	68.00	Lansingburgh
Lansingburgh	93.00	38.00	Troy
Schalmont	99.00	21.00	LaSalle Institute (Troy)
Troy	76.00	36.00	LaSalle Institute (Troy)
Schalmont	87.00	43.00	Troy

Men

Ichabod Crane	128.00	0.00	Kipp Troy Prep High School
Ichabod Crane	90.00	47.00	Lansingburgh

Ichabod Crane	95.00	41.00	LaSalle Institute (Troy)
Ichabod Crane	110.00	18.00	Schalmont
Ichabod Crane	76.00	56.00	Troy
Lansingburgh	120.00	0.00	Kipp Troy Prep High School
LaSalle Institute (Troy)	110.00	0.00	Kipp Troy Prep High School
Schalmont	76.00	0.00	Kipp Troy Prep High School
Troy	98.00	0.00	Kipp Troy Prep High School
LaSalle Institute (Troy)	67.00	65.00	Lansingburgh
Lansingburgh	87.00	39.00	Schalmont
Troy	71.00	52.00	Lansingburgh
LaSalle Institute (Troy)	83.00	39.00	Schalmont
Troy	80.00	47.00	LaSalle Institute (Troy)
Troy	80.00	24.00	Schalmont