

NORTHEASTERN



**NORTHEASTERN - JAY CARISELLA AND JOE DONAHUE
COACHES INVITATIONAL SATURDAY May 2nd, 2026**

**SOLOMON TRACK AND FIELD FACILITY
370 COMMON STREET DEDHAM, MA**

IMPORTANT DATES:

- **Entries will close THURSDAY APRIL 30th, 2026 at 12:00pm**

ENTRIES & FEES

- Entries must be submitted via Direct athletics (www.directathletics.com)
- Meet entries open to all colleges
 - Un-attached athletes will need to contact Meet director for review
- Entry Fees
 - \$700.00 per team and per gender
 - \$45.00 for individuals
 - Payments:
<https://commerce.cashnet.com/trackandfield>

- SAFETY
 - Electronics will not be permitted inside the competition area.
 - Per NCAA regulations, no Headphones or audio devices are allowed on the Track at any time.
- Track Notes
 - Heats will run fast to slow
 - The use of 1/4" pyramid spikes will be strictly enforced. No needle spikes or Christmas tree spikes allowed.
 - Hurdles and Dashes will advance 8 to the final.
- Field Notes
 - We will accept top 24 entries in every Field event
 - Field events will advance 9 to the final.
 - Throwing implements must be certified and will be weighed at upper throws area.
 - Athletic tape may be used on runways. **Chalk and cones are NOT permitted.**
- Parking Information
 - We ask that no spectators do not park along main road.
 - Busses will be given designated parking instructions at competition site.
 - Vans will be parked in the parking lot.
- Additional notes
 - Tents can be placed at the lower throws field (adjacent to track).
 - Admissions is free of charge for spectators.
 - Concessions will not be available. Team must bring their own food.
- Inclement weather
 - All visiting teams will be evacuated to their respective buses/transportation
- Meet will follow current NCAA rules and procedures
- Meet Director Information
 - Wilfredo de Jesus – wdejesus@northeastern.edu [617.416.0873]

OPENING HEIGHTS

Men's Pole Vault	3.75m (increase by .15m through 4.85m, .10m after)
Women's Pole Vault	3.05m (increase by .15m through 4.05m, .10m after)
Men's High Jump	1.80m
Women's High Jump	1.45m

EVENT SCHEDULE

Saturday, May 2nd, 2026

Field Events (Order and start times of Field Events)

THROWS

10:00am Upper Throws area

Women's Javelin followed by Men's Jav

10:00am Upper Throws area

Men's Shot Put followed Women

Women's Hammer to follow Shot Put

Women's Discus to follow Hammer

12:15pm Lower Throws Area

Men's Hammer

1:45pm Lower Throws Area

Men's Discus

JUMPS

10:00pm High Jump

Women's High Jump followed by Men

11:00am Horizontal jumps (two pits)

Women's long Jump followed by Women's
triple jump

Men's long Jump followed by Men's
triple jump

12:30am Vertical jumps

Women's Pole Vault followed by Men's Pole
Vault

Track Events (Rolling Schedule- times below are an estimate meet will run on a rolling schedule)

11:00am

Women's 5,000m

Men's 5,000m

Women's 4x100m Relay

Men's 4x100m Relay

Moment of Silence in honor of Jay Carisella

Women's Steeplechase

Men's Steeplechase

Alumni Mile run

Women's 1,500m

Men's 1,500m

Women's 100mH

Men's 110mH

Alumni Kids 100m run

Women's 100m

Men's 100m

Women's 400m

Men's 400m

Women's 800m

Men's 800m

Women's 400mH

Men 400mH

Women's 200m

Men's 200m

Women's 3,000m

Men's 3,000m

Women's 4x400m

Men's 4x400m

NOTE: Times will be adjusted based on entries/flights