

NEW JERSEY USATF XC CHAMPIONSHIPS 2022  
 HOSTED BY THE GARDEN STATE TRACK CLUB  
 BUCCLEUCH PARK, NEW BRUNSWICK, NJ  
 SUNDAY NOVEMBER 6, 2022

RESULTS BY FINISH RIGHT TIMING  
 518-312-0886 WWW.FINISHRIGHT.COM

MENS 8K

| PLACE | No. | NAME                | AGE | CITY               | TIME    | PACE | PLACES IN |       |       | TEAM                         |
|-------|-----|---------------------|-----|--------------------|---------|------|-----------|-------|-------|------------------------------|
|       |     |                     |     |                    |         |      | AGE       | GROUP | & SEX |                              |
| 1     | 118 | Jaouad El Jazouli   | 28  | Paterson           | 24:48.9 | 5:00 | 1         | M1839 | M#    | 1 Garden State Track Club A  |
| 2     | 136 | Pelle Nogueira      | 23  | Glen Ridge         | 24:58.7 | 5:02 | 2         | M1839 | M#    | 2 Garden State Track Club A  |
| 3     | 153 | Jack Wilson         | 25  | New Paltz          | 25:18.8 | 5:06 | 3         | M1839 | M#    | 3 Garden State Track Club A  |
| 4     | 105 | Tyler Cox-Philyaw   | 24  | Metuchen           | 26:35.7 | 5:21 | 4         | M1839 | M#    | 4 Garden State Track Club B  |
| 5     | 175 | Brian Quilty        | 33  | Pitman             | 26:36.3 | 5:22 | 5         | M1839 | M#    | 5 Breakneck Track Club       |
| 6     | 150 | Galo Vasquez        | 27  | New Paltz          | 26:39.3 | 5:22 | 6         | M1839 | M#    | 6 Garden State Track Club A  |
| 7     | 140 | Stephen Rathbun     | 30  | Springfield        | 26:40.2 | 5:22 | 7         | M1839 | M#    | 7 Garden State Track Club A  |
| 8     | 159 | Eric Dubois         | 32  | Pitman             | 26:49.4 | 5:24 | 8         | M1839 | M#    | 8 Breakneck Track Club       |
| 9     | 168 | Jeremy Mbogo        | 20  | Poughkeepsie       | 27:05.7 | 5:28 | 9         | M1839 | M#    | 9 Marist                     |
| 10    | 108 | Bryan Deery         | 23  | Hamburg            | 27:06.4 | 5:28 | 10        | M1839 | M#    | 10 Garden State Track Club B |
| 11    | 115 | Billy Hill          | 23  | Somerset           | 27:20.2 | 5:30 | 11        | M1839 | M#    | 11 Garden State Track Club A |
| 12    | 160 | Jack Fitzhenry      | 32  | New Brunswick      | 27:25.5 | 5:31 | 12        | M1839 | M#    | 12                           |
| 13    | 137 | Duncan Nyasinga     | 45  | Edison             | 27:26.5 | 5:32 | 1         | M4549 | M#    | 13 Garden State Track Club C |
| 14    | 151 | Evan Ward           | 28  | Ridgewood          | 27:28.1 | 5:32 | 13        | M1839 | M#    | 14 Garden State Track Club B |
| 15    | 158 | Michael Dixon       | 39  | Highland Park      | 27:30.2 | 5:32 | 14        | M1839 | M#    | 15                           |
| 16    | 107 | Fabian Daza         | 41  | Fairview           | 27:42.5 | 5:35 | 1         | M4044 | M#    | 16 Garden State Track Club C |
| 17    | 146 | Louie Stengel       | 30  | Sussex             | 27:49.6 | 5:36 | 15        | M1839 | M#    | 17 Garden State Track Club   |
| 18    | 109 | Mark Dipaola        | 25  | Trenton            | 27:52.2 | 5:37 | 16        | M1839 | M#    | 18 Garden State Track Club A |
| 19    | 148 | Aaron Totten-Lancas | 47  | Colorado Springs   | 28:08.0 | 5:40 | 2         | M4549 | M#    | 19 Garden State Track Club C |
| 20    | 154 | Richie Yeates       | 36  | Glen Rock          | 28:15.7 | 5:42 | 17        | M1839 | M#    | 20 Garden State Track Club   |
| 21    | 135 | Jason Muermann      | 25  | Runnemede          | 28:20.5 | 5:43 | 18        | M1839 | M#    | 21 Breakneck Track Club      |
| 22    | 144 | Jesse Spector       | 30  | Dover              | 28:30.4 | 5:45 | 19        | M1839 | M#    | 22 Breakneck Track Club      |
| 23    | 123 | Michael Laimann     | 25  | Forked River       | 29:09.5 | 5:52 | 20        | M1839 | M#    | 23 Garden State Track Club   |
| 24    | 102 | Jeff Bash           | 31  | Collingswood       | 29:10.2 | 5:53 | 21        | M1839 | M#    | 24 Breakneck Track Club      |
| 25    | 147 | Sam Teigen          | 48  | Hawthorne          | 29:27.5 | 5:56 | 3         | M4549 | M#    | 25 Garden State Track Club C |
| 26    | 125 | Greg Leddy          | 24  | Bridgewater        | 29:48.4 | 6:00 | 22        | M1839 | M#    | 26 Shore Athletic Club       |
| 27    | 132 | Henry Moore         | 23  | Newark             | 29:52.5 | 6:01 | 23        | M1839 | M#    | 27 Garden State Track Club B |
| 28    | 142 | Edan Rosenberg      | 43  | Princeton Junction | 29:55.3 | 6:02 | 2         | M4044 | M#    | 28 Garden State Track Club C |
| 29    | 120 | Bradley Kilheeney   | 27  | North Brunswick    | 30:41.6 | 6:11 | 24        | M1839 | M#    | 29 Garden State Track Club A |
| 30    | 173 | Henry A Notaro      | 60  | Northfield         | 31:20.3 | 6:19 | 1         | M5064 | M#    | 30 Shore Athletic Club       |
| 31    | 100 | Luis Absalon        | 49  | Belleville         | 31:35.3 | 6:22 | 4         | M4549 | M#    | 31 Clifton RoadRunners       |
| 32    | 170 | Kevin Montain       | 25  | Highland Park      | 31:58.8 | 6:26 | 25        | M1839 | M#    | 32 Garden State Track Club B |
| 33    | 128 | Mike Loenser        | 40  | Fords              | 32:04.7 | 6:28 | 3         | M4044 | M#    | 33 Raritan Valley Road Runne |
| 34    | 179 | Jose Vieira         | 48  | Union              | 32:11.4 | 6:29 | 5         | M4549 | M#    | 34 Clifton RoadRunners       |
| 35    | 161 | Glen Freyer         | 59  | Montclair          | 32:39.8 | 6:35 | 1         | M5559 | M#    | 35 Fleet Feet/Essex          |
| 36    | 163 | David Hagen         | 49  | Union              | 33:01.6 | 6:39 | 6         | M4549 | M#    | 36 Clifton RoadRunners       |

|    |     |                    |    |                  |         |       |    |       |    |    |                           |
|----|-----|--------------------|----|------------------|---------|-------|----|-------|----|----|---------------------------|
| 37 | 134 | Tim Morgan         | 38 | South Plainfield | 33:02.5 | 6:39  | 26 | M1839 | M# | 37 | Raritan Valley Road Runne |
| 38 | 117 | Kevin Jang         | 28 | Morristown       | 33:14.9 | 6:42  | 27 | M1839 | M# | 38 | Garden State Track Club B |
| 39 | 104 | Aaron Cohen        | 32 | New Brunswick    | 33:40.7 | 6:47  | 28 | M1839 | M# | 39 | Raritan Valley Road Runne |
| 40 | 106 | Eric Davis         | 54 | Highland Park    | 33:53.2 | 6:49  | 1  | M5054 | M# | 40 | Garden State Track Club C |
| 41 | 103 | Daniel Campbell    | 48 | Middletown       | 34:37.1 | 6:58  | 7  | M4549 | M# | 41 | Shore Athletic Club       |
| 42 | 167 | Terry Lusardi      | 59 | Madison          | 34:41.9 | 6:59  | 2  | M5559 | M# | 42 | Shore Athletic Club       |
| 43 | 112 | Gene Gugliotta     | 63 | North Plainfield | 34:56.1 | 7:02  | 2  | M5064 | M# | 43 | Shore Athletic Club       |
| 44 | 119 | John C. Kane       | 64 | Montclair        | 34:57.4 | 7:02  | 3  | M5064 | M# | 44 | Fleet Feet/Essex          |
| 45 | 178 | Ramon Vasquez      | 44 | Cliffside Park   | 35:48.6 | 7:13  | 4  | M4044 | M# | 45 | Clifton RoadRunners       |
| 46 | 169 | Rann Moshea        | 45 | Bedminster       | 35:56.9 | 7:14  | 8  | M4549 | M# | 46 | Garden State Track Club C |
| 47 | 149 | Pablo Troche       | 49 | Paterson         | 35:58.9 | 7:15  | 9  | M4549 | M# | 47 | Clifton RoadRunners       |
| 48 | 138 | Joshua Peterson    | 29 | Somerset         | 36:50.8 | 7:25  | 29 | M1839 | M# | 48 | Raritan Valley Road Runne |
| 49 | 157 | Mike Dileva        | 50 | Matawan          | 37:05.9 | 7:28  | 2  | M5054 | M# | 49 | Shore Athletic Club       |
| 50 | 131 | Alan Matusiewicz   | 34 | Edison           | 37:10.0 | 7:29  | 30 | M1839 | M# | 50 | Raritan Valley Road Runne |
| 51 | 126 | Scott Linnell      | 66 | Colts Neck       | 37:10.7 | 7:29  | 1  | M6569 | M# | 51 | Shore Athletic Club       |
| 52 | 145 | Joe Steidle        | 51 | Lyndhurst        | 37:41.4 | 7:35  | 3  | M5054 | M# | 52 | Clifton RoadRunners       |
| 53 | 177 | Charlie Slaughter  | 67 | Parsippany       | 39:36.1 | 7:58  | 2  | M6569 | M# | 53 | Fleet Feet/Essex          |
| 54 | 171 | Jim Nicosia        | 57 | Clifton          | 39:49.3 | 8:01  | 3  | M5559 | M# | 54 | Clifton RoadRunners       |
| 55 | 164 | Angelo Harasts     | 55 | Pine Brook       | 40:00.8 | 8:03  | 4  | M5559 | M# | 55 | Garmin/Freedom runners    |
| 56 | 122 | Harry L. Kostyk    | 60 | Franklin Park    | 43:45.2 | 8:49  | 4  | M5064 | M# | 56 | Raritan Valley Road Runne |
| 57 | 139 | Jakov Filosof      | 54 | Long Branch      | 44:47.9 | 9:01  | 4  | M5054 | M# | 57 | Raritan Valley Road Runne |
| 58 | 172 | Harold Nolan       | 75 | Navesink         | 45:15.9 | 9:07  | 1  | M7579 | M# | 58 | Shore Athletic Club       |
| 59 | 124 | Bruce Langenkamp   | 73 | Wharton          | 46:31.3 | 9:22  | 1  | M7074 | M# | 59 | Morris County Striders    |
| 60 | 165 | Ron Kaplan         | 54 | East Brunswick   | 46:42.7 | 9:24  | 5  | M5054 | M# | 60 |                           |
| 61 | 155 | Michael Barry      | 70 | Succasunna       | 46:50.1 | 9:26  | 2  | M7074 | M# | 61 | Fleet Feet/Essex          |
| 62 | 114 | Helibert Hernandez | 55 | Kearny           | 47:29.3 | 9:34  | 5  | M5559 | M# | 62 | CJRRC                     |
| 63 | 176 | Carl Richko        | 72 | Hewitt           | 47:42.3 | 9:36  | 3  | M7074 | M# | 63 | Shore Athletic Club       |
| 64 | 180 | Michael Vitulano   | 55 | Nanuet           | 48:56.3 | 9:51  | 6  | M5559 | M# | 64 | Fleet Feet/Essex          |
| 65 | 162 | Kurt Grotyohann    | 63 | Brick            | 51:33.9 | 10:23 | 5  | M5064 | M# | 65 |                           |
| 66 | 174 | Robert O'Rourke    | 79 | Jackson          | 52:39.7 | 10:36 | 2  | M7579 | M# | 66 | Shore Athletic Club       |
| 67 | 110 | Tony Fiory         | 81 | Summit           | 54:13.3 | 10:55 | 1  | M8084 | M# | 67 | Clifton RoadRunners       |
| 68 | 121 | Daniel Kirsch      | 80 | Hackensack       | 65:01.0 | 13:05 | 2  | M8084 | M# | 68 | North Jersey Masters      |
| 69 | 116 | Stephen Holusha    | 70 | Budd Lake        | 67:08.1 | 13:31 | 4  | M7074 | M# | 69 | Morris County Striders    |
| 70 | 143 | George Roa         | 52 | Glen Ridge       | 68:59.0 | 13:53 | 6  | M5054 | M# | 70 | Clifton RoadRunners       |
| 71 | 113 | Peter Heimann      | 72 | New Brunswick    | 71:12.0 | 14:20 | 5  | M7074 | M# | 71 | Raritan Valley Road Runne |
| 72 | 130 | Jack Mathis        | 81 | Mountainside     | 71:33.0 | 14:24 | 3  | M8084 | M# | 72 | CJRRC                     |