

# Trotters' Track Carnival



**Saturday, April 22, 2023**

Coaches, you are formally invited to the second annual **Trotters' Track Carnival** held on **Saturday April 22, 2023** at **10:00AM** at **Goshen High School**. This **THREE HOUR** invitational is a combination meet with the Coliseum Classic. Come to one or come to both! You will receive complete **FAT times** on all SECTION IX events between both meets.. So please plan to join us on **April 22nd** for the third annual **Trotters' Track Carnival!!!**

## **The Coliseum:**

400m BSS 300 Thixotropic & Embedded Polyurethane Surface  
10-Lane Straight Away, 8-Lanes track all the way around, "48" Lanes  
4 Long Jump & Triple Jump Pits, 2 High Jump Pits, 2 Pole Vault Pits  
2 Shot Circles, 2 Discus Circles, 2 Hammer Circles  
Water pit, 4 Portable Adjustable Steeplechase Barriers  
Fully Automated Timing by **Finish Right Timing** for all finishes.  
Results can be found at <http://www.finishright.com/results.html>  
There will be restrooms and **concessions** available on site to all athletes and spectators.

## **Meet Information:**

1. Events will be entered onto MileSplit-**UNLIMITED Entries!** Due on Friday, April 22, 2022 at 9:00PM.
2. NYS Public High School Athletic Association rules on participation will be enforced.
3. Only **½ inch or ¼ inch recessed spikes** are permitted on the track and runway surfaces.

### **10:00AM START ORDER OF EVENTS**

<b><u>Pre-Meet</u></b>	<b><u>On the Track</u></b> <b><u>(Boys then Girls)</u></b>	<b><u>Field Events</u></b>
9:00 AM Warm Ups	SMR (400-200-200-800)	Girls/ Boys Triple Jump
9:30 AM Check Ins	1600m/1500m	Girls High Jump
9:45 AM Coaches Meeting	100m/110m Hurdles	Boys/Girls Discus
	100m	Boys Pole Vault
	800m	Boys/Girls Javelin
	400m	
	DMR (1200-400-800-1600)	

## **Scoring/Awards:**

- ★ Medals top 3 all events

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## Entry Form



School	
Address	
Coach	
Phone #	
Email	

## Entry Payment Information (circle one)

This is an entry fee and not a participation fee!

Boys team only:

Girls team only:

Blanket Fee: \$300

Make Checks or Vouchers Payable to:

**GOSHEN HIGH SCHOOL EXTRACLASSROOM ACTIVITY FUND-TRACK**

**W - 9 form available upon request**

**EIN # 14 - 1712403**

**Mail entry to:**

Goshen High School  
ATTN: Gus Lawson  
222 Scotchtown Ave.  
Goshen, NY 10924

**Fax/Scan/Email (with check to follow) to:**

GHS Athletic Department  
ATTN: Gus Lawson  
FAX #: (845) 615-6163  
[Gus.lawson@gcsny.org](mailto:Gus.lawson@gcsny.org)

Meet Director: Gus Lawson  
Email: [Gus.lawson@gcsny.org](mailto:Gus.lawson@gcsny.org)

Cell: (845) 321-4054

**“One chance is all you need...” -Jesse Owens**