

**Christian Brothers Academy's 20th Annual
Brother Basilian O'Connell Memorial Track and Field
Invitational**

Friday, May 3, 2019

Only teams who have been invited may attend

Please remit fee or voucher promptly to assure your spot.

(make check to CBA Athletics)

Where: Christian Brothers Academy
6245 Randall Rd.
446-5960 446-5868 (fax)

Awards:

Medals for first through third in each event, ribbons for fourth through sixth place.

Entries:

An athlete may compete in 3 events.

Each team has 2 entries per an event.

Entries will be on milesplit.

We plan on having it password protected – will get password out 2 weeks prior.

Email tlewis@cbasyracuse.org for password

Field events:

Field events Start at 4 --- ATHLETES MUST HAVE MARK BY THAT POINT.
Opening height for the high jump and Pole vault will be determined at the coaches meeting. The shot and discus will consist of three throws and begin promptly at 3:45 with no finals. Long and triple jumps will consist of three jumps each with no finals.

Entry Fee:

\$225 for both male and female teams.

\$125 for one team.

Please remit fee or voucher promptly to assure your spot.

Make check out to CBA Athletics

Christian Brothers Academy
6245 Randall Rd.

If you have any questions, contact Buddy Wleklinski at 446 - 5960 x 83

or

Theresa Lewis 315-751-9656

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Order of Events

400IH: (B) Timed Final, (G) Timed Final

4 x 800 Relay: (B) Timed Final, (G) Timed Final

1600M (B) Timed Final

1500M (G) Timed Final

100HH (B) 110HH (G)

100M: (B) Timed Final, (G) Timed Final

400M (B) Timed Final, (G) Timed Final

800M: (B) Timed Final, (G) Timed Final

200M: (B) Timed Final, (G) Timed Final

3000M (G) Timed Final followed by 3200M (B) Timed Final

4 x 100m Relay (B) Timed Final, (G) Timed Final

Novice 1600/1500 (B), (G) Time your own athletes!

4 x 400M Relay (B) Timed Final, (G) Timed Final

Field Events:

Shot Put (G), (B) (Three Throws)

Discus (B), (G) (Three Throws)

Long Jump (Boys followed by Girls...3 jumps)
Boys will be 4:00-5:00, girls 5:15-6:15

Triple Jump (Following Long Jump...Boys then Girls)
Boys 6:30 – 7:30, Girls 7:45

High Jump (G), (B)

Pole Vault - not contested