

THE 62nd ANNUAL  
GEORGE MUSE RELAYS  
May 5th, 2018

Once again this year will be offering both the Varsity George Muse Relays

Entries for this meet will be done with the attached forms. Entries can be, emailed ahead of time (preferred) to [dperry@gfsd.org](mailto:dperry@gfsd.org) or Faxed 792-1442.

VARSAITY AWARDS

George Muse Relay Batons will be given to each member of the first place teams. Members of the second through sixth place teams will receive ribbons.

SPONSOR

Glens Falls Grandstanders

TRACK

400 meter synthetic track. 1/8" spikes will be allowed on the track and runways and high jump apron.

TEAMS

Up to 18 boys teams and 18 girls teams will be invited on a first come first serve basis. Teams that entered last year will automatically be accepted if they reply by April 1st.

NOTES

1. No team scoring.
2. The Laurie Garrand Shuttle Hurdles Relay will NOT start before 2:30pm.
3. The meet usually ends by 6 pm
4. Next year's meet will be Saturday May 4th, 2019
5. We will be using F.A.T. timing.

PLEASE RETURN THIS ENTRY BLANK WITH CHECK OR VOUCHER TO:

Chip Corlew, Athletic Director  
Glens Falls High School  
10 Quade St.

Glens Falls, NY 12801

Please make checks or vouchers payable to GRANDSTANDERS - GEORGE MUSE RELAYS.

**Entries need to be done on [ny.milesplit](http://ny.milesplit) by Thursday May 3 10:00pm**

School: \_\_\_\_\_

Boys Coach: \_\_\_\_\_

E- Mail: \_\_\_\_\_

Girls Coach: \_\_\_\_\_

E- Mail: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone No.: \_\_\_\_\_

This payment includes entries for the George Muse Relays on May 2nd.

\_\_\_\_\_ Co-ed team (\$200.00)

\_\_\_\_\_ Boys team (\$125.00)

\_\_\_\_\_ Girls team (\$125.00)

\_\_\_\_\_ Individual relays (\$25.00 per relay). Number of relays you will bring.

#### CONTACT

Dan Perry Kevin Hall

Boys Varsity Track Coach Girls Varsity Track Coach

Glens Falls High School Glens Falls High School

10 Quade Street 10 Quade Street

Glens Falls, NY 12801 Glens Falls, NY 12801

E-Mail dperry@gfsd.org E-Mail Hallz\_68@yahoo.com

George Muse Relays May 7th

#### ORDER OF EVENTS

#### FIELD

Each field event team will consist of 3 athletes; the team performance is based on the total of the best performance of each team member.

1:00 Boys Pole Vault / Girls Pole Vault - continuous bar  
Girls Opening Height 59, Boys Opening Height 73 (6 progression)  
Boys High Jump - Apron at the South End of the field (Opening height 48 increasing by 2 inches)  
Girls High Jump - Apron at the North End of the field (Opening height 39, 40, 43, 46, 48 then increase by 2 inches)

2:00 Boys Shot Put  
Girls Long Jump (Open Pit TBA)  
Boys Long Jump (Open Pit TBA)  
Girls Discus  
Boys Discus (following the Shot Put)  
Girls Shot Put (following the Discus)  
Girls Triple Jump (Open Pit Following the Long Jump)  
Boys Triple Jump (Open Pit Following the Long Jump)

#### TRACK

No trials, timed sections where needed.

1:30 # 1 Boys 4 x 1600m Relay  
# 2 Girls 4 x 1600m Relay  
2:30 # 3 Laurie Garrard Girls 4 x 100m Shuttle Hurdle Relay  
# 4 Boys 4 x 110m Shuttle Hurdle Relay  
# 5 Boys Freshman 4 x 100 Relay  
# 6 Girls Freshman 4 x 100 Relay  
# 7 Boys 4 x 100m Relay  
# 8 Girls 4 x 100m Relay  
# 9 Bill Parks Boys 4 x 800m Relay  
# 10 Girls 4 x 800m Relay  
# 11 Boys Freshman Sprint Medley Relay (400, 200, 200, 800)  
# 12 Girls Freshman Sprint Medley Relay (400, 200, 200, 800)  
# 13 Boys Sprint Medley Relay (400, 200, 200, 800)  
# 14 Girls Sprint Medley Relay (400, 200, 200, 800)  
# 15 Boys 4 x 200m Relay  
# 16 Girls 4 x 200m Relay  
# 17 John Baker Boys Distance Medley Relay (800, 400, 1200, 1600)  
# 18 Girls Distance Medley Relay (800, 400, 1200, 1600)  
# 19 E. John Loucks 4 x 400m Relay  
# 20 Girls 4 x 400m Relay

The meet usually ends around 6 pm.