

37th Annual Johnstown Invitational 2018

May 4th, 2018

Where: Knox Field- Johnstown, Scratches will be due at 3:30pm, Coaches Meeting at 3:45pm, Meet will begin at 4:00pm

Timing: This meet will be Fully Automatic Timed provided by Finish Right Timing.

Entry Fee: \$175 per co-ed entry, \$100 single gender team, \$20 per individual entry.

Checks should be made out to Sir Bill Athletics.

Entries: Two entries per school per event, one relay team per school, and two wildcards. Entries need to be submitted online at ny.milesplit.com. ***Entries are due on Wednesday May 2nd, 2018 by 10pm. Entries will be posted @ finishright.com on Thursday May 3rd.***

Awards: Trophies for top three teams. Medals for 1st-6th. Awards honored to the MVP Track Athlete and MVP Field athlete male and female.

Scoring: Traditional Scoring of 1-6 places of 10-8-6-4-2-1 points.

Field Events: Field events will begin at 4:00pm. There will be a boys and girls pentathlon.

Pole Vault- Poles MUST be checked in by 3:45pm. Girls followed by boys.

Girls: Bar will be set at 6'0 and increase by 6" increments.

Boys: Bar will be set at 8'0 and increase by 6" increments.

Shot Put- Boys followed by girls (Flighted- then finals)

Discus: Girls followed by boys (Flighted then finals)

High Jump: Continuous Bar

Girls: Bar will be set at 3'10" and increase by 2" increments.

Boys: Bar will be set at 4'8" and increase by 2" increments.

Long Jump (Pit facing South Perry St):

Boys followed by girls (Flighted then finals)

Triple Jump (Pit facing Glebe St):

Girls followed by boys (Flighted then finals)

Meet Rules: All NYSPHAA rules will be followed regarding scoring, uniforms, jewelry, etc.

- Only scratches will be permitted day of the meet, no additions.
- No one is allowed inside the track with the exception of those competing and coaching.
- Please keep teams away from playground area.
- There is a path for warming up outside of the track area- all are welcome to use it
- No food or drink, or electronic devices permitted inside the track at any times
- A concession stand will be open and t-shirts will be for sale
- No Frisbees, footballs, radios, pets, are allowed inside Knox Field at any time during the day.
- There are multiple garbage dispenses located around the area, please keep our field clean at all times.
- There will be an additional high jump pit - this will be for the pentathlon use.

Track Events:

1. Girls 100m Pent Hurdles
2. Girls 100m Hurdles-Finals
3. Boys 110m Pent Hurdles
4. Boys 110m Hurdles- Finals
5. Girls Throwing 4x100 Relay
6. Boys Throwing 4x100 Relay
7. Girls 3000m- FINALS
8. Boys 3200m- FINALS
9. Girls 3200m Relay- Finals
10. Boys 3200m Relay- Finals
11. Girls 100m- Finals
12. Boys 100m- Finals
13. Girls 1500m – Finals
14. Boys 1600m – Finals
15. Girls 400m Relay- Finals
16. Boys 400m Relay- Finals
17. Girls 400m- Finals
18. Boys 400m- Finals
19. Girls 400m Hurdles- Finals
20. Boys 400m Hurdles- Finals
21. Girls 800m- Finals
22. Boys 800m- Finals
23. Girls 200m- Finals
24. Boys 200m- Finals
25. Girls 2000m Steeple- Finals
26. Boys 3000m Steeple- Finals
27. Girls 800m- Pentathlon- Finals (May be Moved)
28. Boys 1500m- Pentathlon- Finals (May be Moved)
29. Girls 1600m Relay-Finals
30. Boys 1600m Relay- Finals

ENTRY FORM
Johnstown Invitational
Friday May 4, 2018

_____ Co-ed Team - \$175
_____ Boys Team - \$100
_____ Girls Team - \$100
_____ Individual Entry- \$20

School: _____

Address: _____

Boy's Head Coach: _____

Phone: _____

Email Address: _____

Girl's Head Coach: _____

Phone: _____

Email Address: _____

Questions in regards to the invitational: Coach Missy Kaszuba mkaszuba@johnstownschoools.org

Entry form and payment are **REQUIRED** prior to event, to:

James Robare, Athletic Director

Attn: Missy Kaszuba, Varsity Track Coach

Johnstown High School

1 Sir Bills Circle

Johnstown, NY 12095

****Late payments will be subject to a \$25 penalty if payment arrives after event.****