

1' ST ANNUAL TCITL SPRINGFIELD INVITATIONAL

Sunday, January 7, 2018

Springfield College - 10:00

All communications should be directed to Glenn Wolin [finish99@live.com](mailto:finish99@live.com)

Meet Directors, Lisa Paparone, Glenn Wolin Co-President's TCITL League

**Cost:** \$ 400 per Co-ed Team \$ 250 for single sex Full Entries or  
\$ 10 per Individual Entry Per event or  
\$ 25 per relay

**Entry Procedure:**

You will have to get the meet password to enter [finish99@live.com](mailto:finish99@live.com)  
You must have your entries in to MileSplit by Friday, January 5 at 10:00 PM.

**Entries:** Will be posted at [finishright.com](http://finishright.com) on Sat 1/6

**Entry Guidelines:**

You are allowed 2 entries per individual event and 2 teams per relay in the 3 relays.

You are allowed 2 additional field event entries and 2 additional running event entries "wild cards".

Scratches are due by 9:15

NO CHANGES ALLOWED!

ORDER OF EVENTS - 10:00

\*\*All events are run slowest to fastest\*\*

GIRLS RUNNING EVENTS WILL BE FIRST

TRACK ORDER:

4 X 200MR  
55MH (Semis)  
55MH (Final)  
4 X 800M Relay  
300M  
1500M  
1600M  
200 HurdlesM  
600M  
3000M  
3200 M  
55M (Semis)  
1000M (Sections)  
55M (Final)  
4 X 400MR (Sections)

FIELD ORDER

Shot Put - 3 throws in trials  
Weight Throw - 3 throws in trials,  
Pole Vault - 7'0" & 9' starting  
High Jump - 4'2" & 5' starting  
LJ & TJ - 3 jumps in trials  
  
LJ-TJ-SP-WT 3 trials Top 9 to Final  
  
PV Up by 6" till 9' for Girls then by 3"  
PV Up by 6" till 12' for boys then by 3"  
  
HJ Up by 2" till 5' for Girls then by 1"  
HJ Up by 2" till 6' for Boys then by 1"

---

### **IMPORTANT INFORMATION**

All teams must drop-off at the side of the Springfield Field House and use the Main Entrance. Pole Vaulters will use the Overhead door.

ONLY Scratches are due by 9:15; coaches meeting at 9:45, "gun goes off" 10:00.

Teams must set up their "camps" on the adjacent sides of the track and the upper bleachers and stay out of the competition area unless competing. All athletes should be AWARE of their surroundings at all times for safety.

Facility is an 8-lane Straight away 6 - lane on the turn, 200M track (1/4" spikes allowed) in field events also.

Springfield College has 1 LJ/TJ pit, 1 of each PV & HJ Pits, and 2 throwing circles (one with a cage for the weight throw).

All will be used at the same time to expedite the meet.

Any protest goes to Mark Mindel, the meet Referee.

A five-person games committee will be appointed.

Coaches: PLEASE POLICE YOUR TEAM AREA BEFORE YOU LEAVE!

All Section 2, NYPHSAA and National Federation Rules apply.

Starting blocks will be provided and can only be used for the finals of the 55M hurdles and 55M.

Schools must supply their own batons.

All events will be FAT supplied by Finish Right Timing.

Live results will be available for free.

Scoring will be 10-8-6-5-4-3-2-1 (8 places)

Awards: Top 8 in all individual events get medals

Top 8 relay teams get medals

Top 3 teams get trophies

This meet will be open to Schools from NY-NJ-CT-PA-MT-VT (Adjoining NY State).